



# Brockton

A HYBRID MEETING OPEN TO ALL

## Addiction Recovery Education Access Services (A.R.E.A.S.)

Wednesdays  
12PM-1PM

### About **A.R.E.A.S.**

Addiction Recovery Education Access Services is a FREE weekly peer-to-peer facilitated meeting that focuses on recovery-based topics chosen by group participants.

- Recovery-based curriculum in a group discussion format
- Peer-to-peer facilitated
- Help solving practical problems
- Strengthen recovery coping & relapse prevention skills
- Information, resources & decision-making support
- Leadership development
- Opportunities for involvement with **MOAR** in a personal way

### Meeting Information

Topic: Brockton AREAS

Time: Every Wednesday, 12:00 PM EST

Zoom Link: <https://moar-recovery-org.zoom.us/j/87321442609?pwd=ZmZ0akV3T1NpS0Vzb2N1czZlQUFiUT09>

Meeting ID: 873 2144 2609

Password: recovery

Have a Question? [info@moar-recovery.org](mailto:info@moar-recovery.org)

### Topics **Include**

- Skills Building
- Family & Addiction
- Building Values in Recovery
- Mental Health & Trauma
- Multiple Pathways
- Harm Reduction
- Understanding CORI
- Healthy Relationships
- Spirituality & Recovery
- Housing & Recovery

zoom



Scan code above with your camera to access the meeting from a mobile device



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[@moarrecovery](https://www.instagram.com/moarrecovery) // 617-423-6627