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The **MOAR** You Know - Spring 2024
Newsletter from the Massachusetts Organization for Addiction Recovery

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MOAR!

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A Note from Maryanne Frangules, MOAR Executive Director



Hello **MOAR** community,

I am pleased to be writing to you in this edition of The **MOAR** You Know Newsletter. Time is moving fast – on Valentine's Day, I sent a heartfelt message sharing my decision to retire from my role as Executive Director by December of 2024. From now until then, I hope to share time and history with **MOAR** of you in **MOAR** ways. Speaking of history, the role of **MOAR** Historian and Advocate will be my part time role beginning in January of 2025. Wow!

In the meantime, with over 2,357 confirmed and estimated opioid-related overdose deaths in 2023, it is important to take every opportunity to help save lives. We are grateful to our Governor Maura Healey, as she, as former Attorney General led the way to making sure that Opioid manufacturers and distributors were implicated in the opioid epidemic for inaccurately marketing risks related to medication, leading to patients developing opioid use disorders and fueling overdoses. As a result, Massachusetts has settlement funds to be distributed for services to help our state heal from the epidemic. In 2020, An Opioid Recovery and Remediation Trust Fund was set up with an advisory council to develop recommendations to help heal from the epidemic. This accounts for 60% of the funds coming in over a 17 year period. For more information, please go to **Opioid Recovery and Remediation Fund Advisory Council**.

Please know that 40% of the settlement funds are going to Massachusetts cities and towns to address the overdose

crisis. You, as a person who has been affected, have an opportunity to have your voice heard by your municipalities' health board. **MOAR** is moving to help our members be involved. Cities and towns are looking for ways to learn from you about how they can best utilize the funds. **The Care Massachusetts website** has been set up by John Snow Institute supported by The Massachusetts Department of Public Health, Bureau of Substance Addiction Services to help. In fact, you are invited to the **Massachusetts Municipal Opioid Abatement Conference** on March 19th and 20th to learn more about getting involved. Your voice counts!

We are currently working on policy initiatives that are receiving your guidance. Since lives continue to be lost at an alarming rate to overdoses, we have joined the voices supporting overdose prevention centers while remaining committed to a strong continuum of care from harm reduction to long term recovery homes, recovery centers, and recovery coaching. We can't forget prevention!

Please come to our MOAR Boston Policy Forum tentatively scheduled for April 4th from 5PM to 8 PM, location to be determined! Please come to our policy forum planning meetings scheduled on **zoom**.

We will be hosting policy forums at our Action for Recovery Meetings across the state. We will be further hosting at your request – Recovery Messaging and Advocacy 101 to strengthen our voices for recovery. In April, we will focus on educating our members about the state budget process. MOAR belongs to the **MA Coalition for Addiction Services**, which consists of statewide organizations speaking up for services vital for addiction prevention, harm reduction, treatment, and recovery. In May, our Action for Recovery Meetings will focus on policies that need your voice. In June, our Action for Recovery Meetings will focus on the overdose abatement process, and how you can be or help others be involved. We want and need you MOAR !

Sincerely,
Maryanne Frangules

Diversity, Equity, and Inclusion Initiative

MOAR is continuously committed to working alongside and listening to the voices of all communities. **MOAR** has been taking concrete measures to help eliminate racial disparities in accessing recovery from substance use disorders.

The MOAR DEI Speaker Series is continuing to grow! In January 2024, we were lucky enough to hear from Beverly Parham. **Click here** to watch the event. Then, in February, Dianne Wilkerson was our featured guest speaker. **Click here** to watch the event. This evening, Daisy Hernandez will share her experience with DEI and recovery. **Join us** at 6:00PM on Zoom!

DEI SPEAKER SERIES

Daisy Hernandez
MSW, LCSW, MBA

C4 Innovations Trainer

 **Tuesday**
6 PM
March 5th,
2024

Meeting ID: 474 841 5732

More Information at...

www.moar-recovery.org



Follow us:  @MOARRecovery  @moarrecovery  @moarrecovery5624

Programs Focused on Health and Racial Equity

BSAS Supported Black and Latinx Career Education Services Increased investments in the Black Addiction Counselor Education (BACE) and Latinx Addiction Counselor Education (LACE) programs to support Black and Latinx people seeking to enter the SUD workforce.

- Increased investments in the Black Addiction Counselor Education (BACE) and Latinx Addiction through Adcare Educational Institute.
- Counselor Education programs to support Black and Latinx people seeking to enter the SUD workforce.

Black Addiction Counselor Education (BACE): Della Blake at drblake@bace-aei.org

Latinx Addiction Counselor Education (LACE): Haner Hernández at hanerhernandez@aol.com

Other Culturally Sensitive Resources

For Latinx Males:

- Cuisine Arts Training Provided by Café Reyes, Worcester, MA. Contact Aaron Mendel at amendel@charter.net

Outpatient Counseling or Recovery:

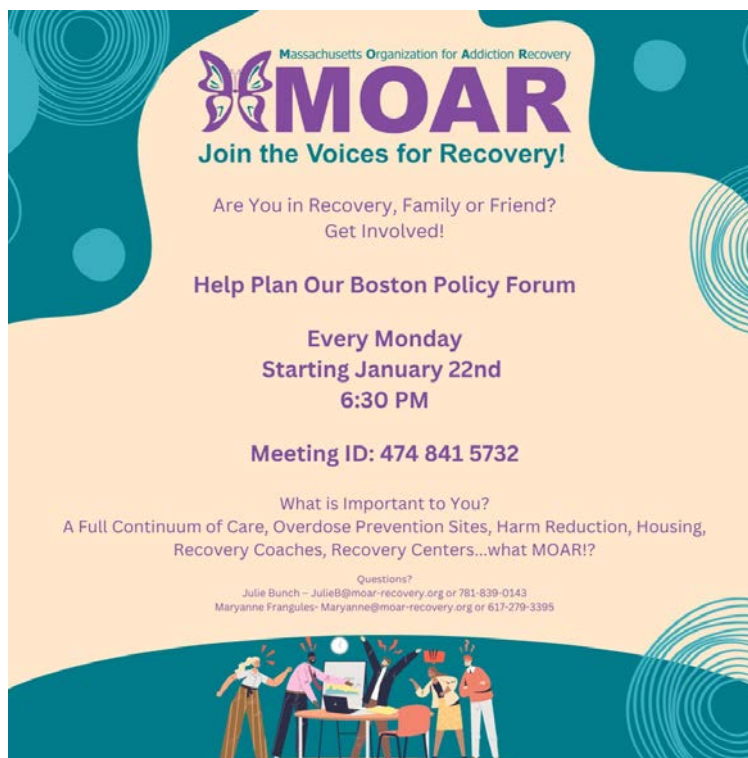
- Support Out for Good, Dorchester, MA. Contact Christopher Conway at 617- 980-8835
- Commonwealth Mental Health & Wellness Center, Roxbury & Lynn, MA. Contact: Leah Randolph at 617-506-8188
- African Diaspora Mental Health Association, Springfield, MA. Contact Garry Porter or David Lewis at 413-266-2207
- Torchlight Recovery, Dorchester, MA. Contact: info@torchlightrecovery.org or call 617-465-1299
- Massachusetts Black Alcoholism and Addiction Council (MBAC). Contact Leah Randolph at Positive@aol.com
- The Village, Worcester, MA. Contact: 774-253-5682
- Mattakeeset Massachusetts Tribe. Contact: Larry Fisher at Sachem-mattakeesettribalgov@gmail.com
- Mashpee Wampanoag Tribe. Contact: <https://mashpeewampanoagtribe-nsn.gov/>
- Latin American Health Alliance. Contact Aaron Mendel at amendel@charter.net
- GLAD. Contact: www.glad.org

- LGBTQ2S+ Resources. Contact: www.mass.gov/find-lgbtq-resources
- LGBTQ2S+ Resources for younger persons. Contact: <https://www.bostonpride.org/resources/>
- LGBTQ2S+ Resources for older persons Contact: www.lgbtagencycenter.org/resources/resources.cfm?st=MA
- Boston Alliance of Gay, Lesbian, Bisexual and Transgender Youth. Contact: <https://www.bagly.org/resourcesforyouth>

Boston Public Policy Forum

Save the date! O MOAR Boston Policy Forum is tentatively scheduled for April 4th from 5PM to 8PM, location to be determined! Stay tuned for information!

SAVE THE DATE



Massachusetts Organization for Addiction Recovery
MOAR
 Join the Voices for Recovery!

Are You in Recovery, Family or Friend?
 Get Involved!

Help Plan Our Boston Policy Forum

Every Monday
 Starting January 22nd
 6:30 PM

Meeting ID: 474 841 5732

What is Important to You?
 A Full Continuum of Care, Overdose Prevention Sites, Harm Reduction, Housing,
 Recovery Coaches, Recovery Centers...what MOAR!?

Questions?
 Julie Bunch - JulieB@moar-recovery.org or 781-839-0143
 Maryanne Frangules - Maryanne@moar-recovery.org or 617-279-3395

Regional Coordinators: Out in the Community!



Kirsten Puccio facilitates the Addiction



On January 25th, at the State House,

Recovery Education Access Services (AREAS) curriculum at **Everyday Miracles Peer Recovery Community Center** every Friday morning.

parents affected by the opioid crisis and addiction recounted their personal narratives and emphasized how the presence of overdose prevention centers could have potentially saved their children.

Email your legislators today.



Julie Bunch at the **Recovery Exchange Peer Support Center** in Lynn, discussing policies we are currently supporting at the State level and showing the participant's how to contact their legislators for advocacy!



Noel Sierra facilitated an AREAS meeting at **Stairway to Recovery** in Brockton and attended their Valentine's Day Celebration afterwards!

The PAREnT Project

The Parents in Addiction Recovery Engaging Together Project, or PAREnT Project, is a **MOAR** project that supports low-income families in early recovery who, because of addiction, have mandated child welfare and/or justice engagement. The Project offers group support in three locations throughout Worcester and Hampden County.



A Peer Recovery Group for Parents Navigating the DCF and Criminal Justice Systems

The PARENt (Parents in Addiction Recovery Engaging Together) Project, a MOAR initiative, provides no-cost, specialized, culturally-reflective peer recovery support services (PRSS) to help parents who are trying to navigate the addiction recovery, Department of Children and Families (DCF), and criminal justice systems.

Groups Offer:

- Recovery Living Skills
- Healthy Relationship Building
- Family Addiction & Recovery Support
- Coping with CORI Support
- Mental Health Wellness

Eligible Individuals Must:

- Live in Hampden or Worcester County
- Have a low-income
- Be in early recovery from addiction, and
- Have recent child welfare or justice involvement (or be at risk of child removal)

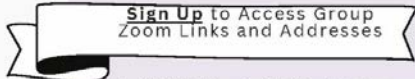
Hampden County Locations:

Hope for Holyoke Recovery Center
 Thursdays @ 12pm EST
 Zoom & In-Person Hybrid Group
 Meeting ID: 853 6912 4513

Valor Recovery Center
 Tuesdays @ 1pm EST
 Zoom & In-Person Hybrid Group
 Meeting ID: 854 6317 8686

Worcester County Locations:

Miracle Mamas at Every Day Miracles
 Mondays @ 3:30pm EST
 Zoom & In-Person Hybrid Group
 Meeting ID: 891 8024 9216



The PARENt Project is funded by a SAMHSA's Building Communities of Recovery (BCOR) grant, and operated by the Massachusetts Organization for Addiction Recovery (MOAR).

Sign Up Today!

If you or someone you know is interested in the group, please complete this [referral form](#) or contact Christina Remuck at christinaremuckmoar@gmail.com to enroll in services.

Have questions about the PARENt Project? Call (617)423-6627 to learn more.



Help us welcome our new PARENt Project Coordinator, Christina Remuck! She comes to **MOAR** with her own lived and work experience supporting families in the recovery process. She is eager to spread the PARENt Project message across Worcester and Hampden Counties.

Staffing Update

Help us welcome Kirsten Puccio to our team! She is our new Central MA Regional Coordinator and is eager to connect with the recovery community in Central MA!

Kirsten, a woman and devoted mother, has embarked on a remarkable journey of long-term recovery. She passionately champions the idea of diverse pathways to recovery. With a heart dedicated to peer support, Kirsten firmly believes that leading with love and compassion is the key to aiding those

struggling with substance use disorder. Raised in Central Massachusetts, Kirsten holds a deep connection to the recovery community. For over a decade, she has proudly been a member of the Everyday Miracles Peer Recovery Community Center. These centers have played a foundational role in her personal recovery journey, and she is thrilled to be taking on a more active role at MOAR. In her new position, Kirsten is committed to advocating for individuals in recovery and fostering connections that empower others to use their voices on the journey to wellness.



The Recovery Education Collaborative Trainings are Here!



RECOVERY EDUCATION COLLABORATIVE

The REC officially launched its training program on January 16, 2024 by offering **All Things Recovery**. Participants learned about principles and practices of Recovery Oriented System of Care (ROSC), Non-Clinical Recovery Support, Multiple Pathways, and the roles of Recovery Coaches and other Peer Workers. This training includes the steps Massachusetts has taken to foster and support ROSC in the state. This is a great course for anyone interested in learning more about the peer workforce, including clinicians, recovery coaches, those new to the field or those that want to grow in their knowledge of the field. It is a pre-requisite course for the Supervision of Recovery Coaches and Other Peer Workers, which is required for becoming a Recovery Coach Supervisor. Please visit our training calendar at massrec.org/calendar or follow us on [Facebook](#) or [Instagram](#) for upcoming trainings.

REC Training Calendar
Find All Your Peer Recovery Support Training Needs

Filters: All Trainings, CARC Required Trainings, CARC Recertification (Required), CARC Recertification (Ective), For Supervisors

All Trainings

Date	Event Title	Description
13 February	Mental Wellness for Recovery Coaches and other Peer Workers: February 13, 2024	Online Zoom Event This training prepares Recovery Coaches and Peer Workers to support individuals in addiction recovery... Read More
22 February	All Things Recovery: February 22, 2024	Online Zoom Event This course is open to all, and is a prerequisite for the Supervision of Recovery Coaches and other ... Read More
04 March	All Things Recovery: March 4, 2024	Online Zoom Event This course is open to all, and is a prerequisite for the Supervision of Recovery Coaches and other ... Read More
06 March	[Image of two people talking]	[Text obscured]
13 March	[Image of a person in a field]	[Text obscured]
19 March	[Image of a notebook]	[Text obscured]

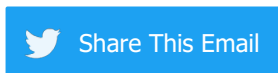
Opportunities in the Community!

Catholic Charities of Boston is looking to hire a Recovering Connections Coordinator/Outreach Worker! The position supports women of various ages who are impacted by the substance addiction of a loved one and/or the death of a



loved one due to substance addiction. **Apply here.**

Group Peer Support (GPS) is offering trainings in Spanish and English now! Find out more [here](#).



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