



# **Fall River**

A HYBRID MEETING OPEN TO ALL

# Addiction Recovery Education Access Services (A.R.E.A.S.)

Wednesdays
11:30AM-12:30PM

#### About A.R.E.A.S.

Addiction Recovery Education Access Services is a FREE weekly peer-to-peer facilitated meeting that focuses on recovery-based topics chosen by group participants.

- Recovery-based curriculum in a group discussion format
- · Peer-to-peer facilitated
- Help solving practical problems
- Strengthen recovery coping & relapse prevention skills
- Information, resources & decision-making support
- Leadership development
- Opportunities for involvement with MOAR in a personal way

### **Meeting Information**

**Topic: Fall River AREAS** 

Time: Every Wednesday, 11:30 AM EST

Zoom Link: https://usweb.zoom.us/j/5085675086

Meeting ID: 508 567 5086

## **Topics Include**

- Skills Building
- Family & Addiction
- Building Values in Recovery
- Mental Health & Trauma
- Multiple Pathways
- Harm Reduction
- Understanding CORI
- Healthy Relationships
- Spirituality & Recovery
- Housing & Recovery

Have a Question?

info@moar-recovery.org







Connect with us: @moarrecovery // 617-423-6627



Scan code above with your camera to access the meeting from a mobile device