



# Addiction and Mental Health Recovery Peer Support Resource Guide

# Index

## **Addiction/Dual Recovery Peer Supports**

<a href="#">Peer Recovery Support Centers</a>	page 3
<a href="#">Family Resources</a>	page 11
<a href="#">Dual Recovery Anonymous</a>	page 11
<a href="#">Massachusetts Organization for Addiction Recovery (MOAR)</a>	page 12
<a href="#">Online Resources for Persons who are Deaf or Hard of Hearing</a>	page 12

## **Mental Health Recovery Peer Supports**

<a href="#">The Transformation Center (dba Kiva Centers)</a>	page 12
<a href="#">Recovery Learning Communities</a>	page 13
<a href="#">Peer-Run Respite</a>	page 21
<a href="#">Peer Run Warm-Lines</a>	page 23
<a href="#">Young Adult Resources</a>	page 24

## **Other Non-Clinical Peer-Driven Resources**

<a href="#">WRAP/WHAM</a>	page 27
<a href="#">Clubhouses</a>	page 28

## **Cross-Disability/Miscellaneous Resources**

<a href="#">Independent Living Centers</a>	page 41
<a href="#">Miscellaneous Resources</a>	page 44

## Addiction/Dual Recovery Peer Supports

### Peer Recovery Support Centers

**Update:** Many peer recovery support centers have started to open. They are open for in-person supports while following COVID safety guidelines. Contact the centers directly for the most current information.

Community-based Peer Recovery Support Centers are funded by the Department of Public Health. They give individuals with alcohol and/substance use disorder issues and/or families affected by addictions a place to both offer and receive support. These centers are mostly run by volunteers. Members help choose, plan, and run the activities offered. There are now 26 BSAS-funded centers throughout the Commonwealth. There are 16 new centers in various stages of development. Below is a listing of current information on the Peer Recovery Support Centers as of January 2020.

### Western Massachusetts

#### Recover Project

**Update:** Recover Project has moved to hybrid programs. This included in-person and virtual meetings via Zoom. Please call or visit the Facebook page for the most current information ([www.facebook.com/theRECOVERProject](http://www.facebook.com/theRECOVERProject)).

Contact: Abbi Cushing, Program Director

68 Federal Street

Greenfield, MA 01301

Phone: (413) 774-5489, Ext. 103

Fax: (413) 774-6039

Email: [ACushing@wmtcinfo.org](mailto:ACushing@wmtcinfo.org)

Website: [www.recoverproject.org/](http://www.recoverproject.org/) or <https://www.facebook.com/TheRECOVERProject/>

#### Hope for Holyoke Recovery Support Center

**Update:** The center is still closed but taking calls to the main number or to the director's line (see below). People can get help for treatment and peer recovery support by telephone. Hope for Holyoke has many online support groups. These groups are run by our peers. Some are live on Facebook with opportunity to chat. Others are run over zoom. Information is listed on the Facebook page (<https://www.facebook.com/HFHRC/>).

Contact: Deborah Flynn-Gonzalez, Director

100 Suffolk Street

Holyoke, MA 01040

Phone: (413) 561-1020 or (413) 296-6111

Email: [dflynn-gonzalez@gandaracenter.org](mailto:dflynn-gonzalez@gandaracenter.org)

Website: <https://gandaracenter.org/hope-for-holyoke/> or <https://www.facebook.com/HFHRC/>

### **Springfield Recovery Support Center**

**Update:** *The center has reopened. There is a limit to how many people can be in the building. Please call the center at (413) 320-3546. You can reserve a spot or get updates. Information on the Springfield Recovery Center online meetings are posted on its Facebook page (<https://www.facebook.com/SpringfieldPeerRecoveryCenter/>).*

Program Director: Julie Gagne

Contact: Maria Lopez, Volunteer Coordinator

383 Worthington Street

Springfield, MA 01105

Phone: (413) 507-3635

Email: [mlopez@gandaracenter.org](mailto:mlopez@gandaracenter.org)

Website: <https://www.facebook.com/SpringfieldPeerRecoveryCenter/>

### **Living in Recovery**

**Update:** *Living in Recovery has re-opened. They are following state and federal safety guidelines. There is a limit of 10 people at a time in the building. You must also answer COVID screening questions. Support is also being offered through telephone and Zoom. For the most current information, please visit Facebook (<https://www.facebook.com/Living-In-Recovery-102917867894826>).*

Devon Peck, Director

81 Linden Street

Pittsfield, MA 01201

Phone: (413) 270-3681

Email: [Dpeck@servicenet.org](mailto:Dpeck@servicenet.org)

[Khuff@servicenet.org](mailto:Khuff@servicenet.org)

[Sdunham@servicenet.org](mailto:Sdunham@servicenet.org)

[Smanzella@servicenet.org](mailto:Smanzella@servicenet.org)

Website: <https://www.servicenet.org/services/addiction-services/living-in-recovery/> or <https://www.facebook.com/Living-In-Recovery-102917867894826>

### **Northampton Recovery Center**

**Update:** *The center is now open Mondays, Tuesdays, and Thursdays for all recovery meetings. Meetings are at 10 a.m. and 1 p.m. only. (Please arrive 15 minutes early for a check-in process. See the website for more details.) There is a limit of seven persons in the meeting circles. This is according to state recommendations based on the size of the room. Zoom meetings will continue weekdays at either 11 a.m. or 2 p.m. Stay tuned and check the Facebook page and website for updates.*

Contact: Trevor Dayton, Outreach Coordinator

2 Gleason Plaza

Northampton, MA 01060

Phone: (413) 834.4127

Email: [tdayton@wmtcinfo.org](mailto:tdayton@wmtcinfo.org) or [info@northamptonrecoverycenter.org](mailto:info@northamptonrecoverycenter.org)

Website: <https://www.northamptonrecoverycenter.org/> or

<https://www.facebook.com/NRCrecovery>

## Central Massachusetts

### Everyday Miracles

*Everyday Miracles is now in the third phase of reopening. They are following all CDC, BSAS, and Spectrum Health safety guidelines. There are requirements for people entering the building. You must have temperatures taken, complete a COVID questionnaire, and agree to all updated center rules. Please refer to website for up to date information on in-person and virtual activities and supports.*

Contact: Michael Earielo, Program Director

25 Pleasant Street

Worcester, MA 01609

Phone: (508) 799-6221

Fax: (508) 756-1928

Email: [Michael.Earielo@spectrumhealthsystems.org](mailto:Michael.Earielo@spectrumhealthsystems.org) or

[everydaymiracles@spectrumhealthsystems.org](mailto:everydaymiracles@spectrumhealthsystems.org)

Website: [www.everydaymiraclesprsc.org](http://www.everydaymiraclesprsc.org) or <https://www.facebook.com/EDMPeers/>

### No One Walks Alone (NOWA)

**Update:** NOWA is now holding in-person, outdoor meetings for up to 25 persons. Online Zoom and Skype virtual meetings/groups are also available. Check the app or website for a full schedule.

Contact: Rebecca Zwicker, Program Director

9 Spring Street

Whitinsville, MA 01588

Phone: (508) 266-0210

Email: [rzwicker@familycontinuity.org](mailto:rzwicker@familycontinuity.org)

Website: <https://nowarsc.org/> and <https://www.facebook.com/NOWARSC>

App: <https://nowaedm.glideapp.io/> or <https://www.facebook.com/NOWARSC>

### Alyssa's Place

**Update:** Alyssa's Place has moved to hybrid programming. This includes in-person and virtual meetings over Zoom. Please call or visit the website and Facebook page for the most current information.

297 Central Street

Gardner, MA 01440

Contact: Alexa Perivolotis, Program Director

Phone: (978) 364-0920

Email: [aperivolotis@qaamha.org](mailto:aperivolotis@qaamha.org)

Website: <https://www.facebook.com/pages/category/Community/Alyssas-Place-Peer-Recovery-and-Resource-Center-1036671136361774/>

## **Northeast Massachusetts**

### **New Beginnings Peer Recovery Center**

**Update:** *The center is open by appointment for members and others who could need the center's resources. The hours are Monday through Friday from 9 a.m. to 4 p.m. Check the current Facebook page for online meetings and other support:*

Contact: Joanna Morillo, Program Director

487 Essex Street

Lawrence, MA 01840

Phone: (978) 655-3674

Fax: (978) 258-4355

Email: [joanna.morillo@spectrumhealthsystems.org](mailto:joanna.morillo@spectrumhealthsystems.org)

Website: <http://www.newbeginningsprc.org/> or

<https://www.facebook.com/LawrenceRecoveryCenter/>

### **Lowell Recovery Café**

**Update:** *The Recovery Cafe' has reopened. They have limited capacity and are following COVID safety protocols. Please call the Recovery Cafe' for the most current information.*

Contact: Rich Hollett, Program Director

20 Williams Street

Lowell, MA 01852

Phone: (978) 677-6087

Email: [rhollett@lowellhouseinc.org](mailto:rhollett@lowellhouseinc.org)

Website: <https://www.lowellhouseinc.org/recovery-cafe>

### **Lynn Peer Recovery Support Center – Coming Soon**

#### **The Bridge Recovery Center (opening soon)**

**Update:** *The Bridge Recovery Center hopes to open by the end of October. They will follow COVID safety protocols. Please contact The Bridge Recovery Center at (781) 480-4937 for the most current information.*

239 Commercial St

Malden Ma 02148

Keriann Caccavaro, Director

Phone: (781) 480-4937

Email: [KeriannCaccavaro@gavinfoundation.org](mailto:KeriannCaccavaro@gavinfoundation.org)

## Metro West Massachusetts

### The Recovery Connection

**Update:** *The Recovery Connection has moved to hybrid programming. This includes in-person and virtual meetings. New hours are 9 a.m. to 3:30 p.m. There is a limit of seven people. You must follow COVID-19 safety guidelines. Please contact the Recovery Connection at (508) 485-0298 for the most current information.*

Contact: Brandon Tupper, Program Director

31 Main Street

Marlborough, MA 01752

Phone: (508) 485-0298

Fax: (508) 485-0312

Email: [brandon.tupper@spectrumhealthsystems.org](mailto:brandon.tupper@spectrumhealthsystems.org)

Website: <http://www.therecoveryconnection.org/> or

<https://www.facebook.com/TheRecoveryConnection.org/>

### A New Way Recovery Center

**Update:** *The center has reopened with a limited capacity. They are following COVID safety guidelines. Please contact the New Way Recovery Center at (617) 302-3287 for the most current information.*

Contact: Warren Nicoli, Director

85 Quincy Avenue, Suite B

Quincy, MA 02169

Phone: (617) 302-3287

Fax: (617) 481-0324

Email: [wnicoli@baystatecs.org](mailto:wnicoli@baystatecs.org) or [ANewWayRC@baystatecs.org](mailto:ANewWayRC@baystatecs.org)

Website: <http://anewwayrecoveryctr.org/> or

<https://www.facebook.com/A-New-Way-Recovery-Center-447672198690167/>

### Turning Point Recovery Center

**Update:** *Find up-to-date meeting information and other news on the Facebook page:*

<https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/>.

Contact: Gerard Touchette, Outreach Coordinator

32 Common Street

Walpole, MA 02081

Outreach Coordinator: (617) 595-6250

Turning Point Recovery Center main phone: (508) 668-3960

Email: [gtouchette@baystatecs.org](mailto:gtouchette@baystatecs.org)

Website: <https://turningpointrecoverycenter.org/> or [https://www.facebook.com/Turning-](https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/)

[Point-Recovery-Center-100326408019268/](https://www.facebook.com/Turning-Point-Recovery-Center-100326408019268/)

### **Framingham Recovery Center**

**Update:** *The center has opened with limited capacity. They are following COVID safety guidelines. Please contact the Framingham Recovery Center at (508) 424-2520 for the most current information.*

Contact: Amy Odell, Program Director

19 Concord St. Suite 1

Framingham, Ma 01701

Phone: (508) 424-2520

Email: [recoverycenter@smoc.org](mailto:recoverycenter@smoc.org)

Website: <https://www.facebook.com/Framingham-RecoveryCenter-113930353636134/>

### **Southeast Massachusetts**

#### **Positive Individuals Engaged in Recovery (PIER) Recovery Center of Cape Cod**

**Update:** *PIER has re-opened with limited capacity. The hours are 10 a.m. to 12 noon. Afternoon hours are from 1 to 2 p.m., and you must make an appointment. Please call the center at (508) 827-6150 for the most current information, to make an appointment, or to be connected with a peer support specialist. Zoom meetings available—see Facebook page.*

Shelby Silverson, Director

Contact: Erin Pierce, Peer Support Specialist

209 Main Street

Hyannis, MA 02601

Phone: (508) 827-6150

Email: [ssilverson@gandaracenter.org](mailto:ssilverson@gandaracenter.org) or [pierrecoverycenter@yahoo.com](mailto:pierrecoverycenter@yahoo.com)

Website: <https://gandaracenter.org/pier/> or <https://www.facebook.com/PIER-Recovery-Center-of-Cape-Cod-560645584091868/>

#### **Stairway to Recovery**

**Update:** *The center has re-opened. A limited number of people can be inside at one time. Please call the center at 774-257-5660 before coming in. For the most current information, call the center or visit the Facebook page.*

Contact: Efrain Baez, Program Director

90 Main Street

Brockton, MA 02302

Phone: (774) 257-5660

Email: [ebaez@gandaracenter.org](mailto:ebaez@gandaracenter.org)

Website: <https://gandaracenter.org/stairway-to-recovery/> or <https://www.facebook.com/Stairway2Recovery>

#### **Peer2Peer**

**Update:** *Zoom online meetings are available. See the Facebook page for information.*

Contact: Mike Bryant, Director

175 North Main Street

Fall River, MA 02720

Phone: (508) 567-5086

Email: [mbryant@steppingstoneinc.org](mailto:mbryant@steppingstoneinc.org)

Website: <https://www.facebook.com/P2PRSC/>



### **Martha's Vineyard Recovery Center**

**Update:** *The center has reopened. There is a limit of 10 people at a time. For the most current information, please call the center at (508) 693-2900 or visit the Facebook page.*

Contact: Jeremy Norton, Director  
Beach Road  
Oak Bluffs, MA 02557  
Phone: (508) 693-2900  
Website: <https://www.facebook.com/RecoveryMV/>

### **Plymouth Recovery Center**

**Update:** *The Plymouth Recovery Center has reopened. There is a limit of 10 people at a time. For the most current information, please call the center at (774) 776-3515. Visit the Facebook page for daily updates.*

Contact: Dan Kelly, Director  
5 Main Street  
Plymouth, MA 02360  
Phone: (774) 776-3515  
Email: [dkelly@gandaracenter.org](mailto:dkelly@gandaracenter.org)  
Website: <https://plymouthrecoverycenter.org/> or  
<https://www.facebook.com/PlymouthRecoveryCenter/>

### **RISE Recovery Support Center – now open!**

**Update:** *For the most current information, please contact the center at (774) 762-4431.*

Jamie Casey, Director  
Contact: Ozy Acevedo, outreach coordinator  
497 Belleville Ave,  
New Bedford, MA 02746  
Phone: (774) 762-4431  
Email: [Oacevedo@paaca.org](mailto:Oacevedo@paaca.org)  
Website: <https://www.facebook.com/RISErecoverycenter/>

### **Boston Area**

#### **STEPRox**

**Update:** *All meetings are still being held remotely. For the most current information, please contact STEPRox at 617-322-3277 or visit the Facebook page.*

Contact: Loretta Leverett, Director  
153 Blue Hill Avenue  
Mattapan, MA 02126 soon  
1427 Blue Hill Avenue (**Temporary Address - Moving to a new location on Blue Hill Avenue in mid-October**)  
Mattapan, MA 02126  
Phone: (617) 332-3277  
Email: [lleverett@northsuffolk.org](mailto:lleverett@northsuffolk.org)  
Website: <http://northsuffolk.org/services/addiction-services/recovery-support/> or  
<https://www.facebook.com/steproxrecoverycenter>

### **Devine Recovery Center**

**Update:** *The center itself is still not open. But a number of meetings are currently being held in the outside area. For the most current information, please contact the center at (857) 496-1384.*

Contact: Jen Callahan, Program Director

70 Devine Way

South Boston, MA 02127

Phone: (857) 496-1384 x601

Fax: (857) 496-0177

Email: [devinerecoverycenter@gmail.com](mailto:devinerecoverycenter@gmail.com) or [JenCallahan@GavinFoundation.org](mailto:JenCallahan@GavinFoundation.org)

Website: <http://www.gavinfoundation.org/programs/devine-recovery-center> or  
<https://www.facebook.com/DevineRecoveryCenter>

### **St. Francis House Recovery Support Center**

**Update:** *St. Francis House Recovery Support Center remains open to its members. It is not accepting new members right now due to the pandemic.*

Contact: Darren Morgan, Member Engagement Coordinator or Efrain Lozada, Director

39 Boylston Street

Boston, MA 02116

Phone: Darren Morgan: (617) 654-1201, Efrain Lozada: (617) 457-1067

Email: [dmorgan@stfranchishouse.org](mailto:dmorgan@stfranchishouse.org) and [elozada@stfranchishouse.org](mailto:elozada@stfranchishouse.org)

### **Recovery on the Harbor (opening shortly)**

Contact: Jenny Celata, Director

983 Bennington Street

East Boston, MA 02128

Email: [Vcelata@northsuffolk.org](mailto:Vcelata@northsuffolk.org)

*The Boston Public Health Commission also funds the Safe and Sound Recovery Center. This provides peer-led support services. Those services include recovery coaching, support groups, peer leadership training opportunities, and more.*

### **Safe and Sound Recovery Center**

**Update:** *Safe and Sound Recovery Center is open. You must stay socially distant and wear masks.*

Contact: Douglas Lomax, Program Manager

774 Albany St., 2<sup>nd</sup> Floor, Room 207

Boston, MA 02118

Phone: (617) 534-2186

Hours: Monday–Friday, 8 a.m. – 5 p.m.

Open NA Meetings: Monday - Friday, 9 – 10 a.m., and 12 – 1 p.m.

Living Sober meetings Mondays and Wednesdays 1:15 – 2 p.m.

## Family Resources

Resources for those who have loved ones dealing with substance use disorder issues

### Learn to Cope

**Update:** *All in-person meetings are postponed until further notice. For information on virtual support meetings via Zoom please visit <https://www.learn2cope.org/contacts/>. Please continue to check the website and Facebook page for the most current updates. As always, office staff will be available for questions at 508-738-5148. Peer support is also available 24/7 through the Learn to Cope private discussion board.*

Learn to Cope is a peer organization. They help family members and relatives who have loved ones dealing with substance use disorder issues. They offer resources and support through statewide weekly meetings.

Joanne Peterson, Executive Director

Contact: Patty or Carrie

4 Court Street, Suite 110

Taunton, MA 02780

Phone: (508) 738-5148

Office hours: Monday through Friday, 9 a.m. - 4:30 p.m.

Email: [lrc@Learn2cope.org](mailto:lrc@Learn2cope.org)

Website: [learn2cope.org](http://learn2cope.org) or <https://www.facebook.com/Learn2Cope-257344120966186/>

### Dual Recovery Anonymous

**Update:** *Online DRA meetings are available through the Massachusetts Clubhouse Community.*

Dual Recovery Anonymous™ (DRA) is a 12-step self-help program. It help individuals affected by an emotional or psychiatric disability. It also helps people with an alcohol or drug dependency or addiction. Its members help each other achieve dual recovery, prevent relapse, and carry the message of recovery to others.

The Massachusetts Clubhouse Coalition (MCC) has expanded the availability of DRA meetings throughout the state. They have a contract with the Massachusetts Behavioral Health Partnership (MBHP). There are now 50 DRA groups and substance awareness meetings in Massachusetts. A current schedule of meetings can be found on the link listed below.

Dual Recovery Anonymous™ website: <http://www.draonline.org/>

Current list of DRA meetings: <https://www.massclubs.org/dual-recovery-meetings/>

More information on the MCC and DRA: <https://www.massclubs.org/dual-recovery-committee/>

## **Massachusetts Organization for Addiction Recovery (MOAR)**

***Update:** MOAR's website has been updated. It includes an online resource guide with a variety of recovery support meetings. There is also information specific to the COVID-19 emergency.*

The Massachusetts Organization for Addiction Recovery (MOAR) is a statewide organization of persons in recovery from addictions, families, and friends. They want to educate the public about the value of living in recovery. MOAR has a resource guide on addiction, recovery, and community resources. It also offers community education on recovery and recovery supports.

MOAR uses its voice to educate policy makers and partners with treatment providers, stakeholders, and allies to remove barriers in the recovery process.

Contact: Maryanne Frangules, Executive Director  
105 Chauncy Street, 6<sup>th</sup> Floor  
Boston, MA 02108  
Phone: (617) 423-6627  
Fax: (617) 423-6626  
Email: [maryanne@moar-recovery.org](mailto:maryanne@moar-recovery.org)  
Website: <http://www.moar-recovery.org>

## **Online Resources for Persons Who Are Deaf or Hard of Hearing**

***Update:** No new updates. These agencies are already online.*

### **Online Deaf and Hard of Hearing 12-Step Meeting List:**

[http://aa-intergroup.org/directory\\_dhoh.php](http://aa-intergroup.org/directory_dhoh.php)

### **Deaf off Drugs and Alcohol (DODA):**

<https://www.facebook.com/Deaf-Recovery-DODA-112334123604/>

## **Mental Health Recovery Peer Supports**

### **The Transformation Center, dba Kiva Centers**

The Transformation Center, also called Kiva Centers, is a statewide, peer-run organization. They help the community voice the needs of people with mental health, trauma, or dual mental health/addiction recovery needs. They also develop and promote effective recovery support.

The Transformation Center hold certified peer specialist (CPS) training and certification for Massachusetts. They expand availability of WRAP classes and facilitator training. They also support activities to help change policy.

Contact: Brenda Vezina, CEO/Executive Director  
206 Southbridge Street  
Auburn, MA 01501  
Phone: 508-466-7117  
Fax: (508) 751-9601  
Email: [info@kivacenters.org](mailto:info@kivacenters.org)  
Website: <https://kivacenters.org/>

## Recovery Learning Communities

Recovery Learning Communities (RLCs) are funded by DMH. RLCs are peer-run networks of self-help and support. They provide information and referral, advocacy, and training activities. Trainings are about recovery concepts and tools. They also hold advocacy forums and social and recreational events. RLCs also help persons with psychiatric disabilities to take charge of their own recovery process.

RLCs hope to create a change in culture. They would like to see traditional focus on symptoms change to promoting recovery, resilience, and wellness. RLCs work together with peer-run organizations and services, other mental health providers, other human service agencies, and the community. This group effort helps the mission of bringing communities together and showing respect for people with mental health conditions.

### Western Mass Recovery Learning Community (RLC)/Wildflower Alliance

**Update:** All Western Mass RLC centers (Springfield, Holyoke, Greenfield, and Pittsfield) have stayed open with limited capacity. For up-to-date information of what's open, please visit their on-line calendar at: <http://www.westernmassrlc.org/calendar>. For listings of activities offered remotely (by phone/o-line), visit: <https://tiny.cc/RLCOnline>.

Contact: Sera Davidow, Director  
199 High Street  
Holyoke, MA 01040  
Phone: (413) 539-5941  
Toll-Free: 1-866-641-2853  
Fax: (413) 493-7810  
Email: [info@westernmassrlc.org](mailto:info@westernmassrlc.org)  
Website: <http://www.westernmassrlc.org/>

The Western Mass RLC has four parts: peers supporting peers, alternative healing practices, advocacy, and learning and growth opportunities. Peer supports include a bridging team. They go into local jails and hospitals to support people transitioning back to the community. They offer a variety of trainings and events, including Career Initiative grants for individuals with small business ideas. Most recently, they have begun a new project called Empowering Individuals with Lived Experience. This will focus on reaching people who have been made to feel less because of their psychiatric history, their gender, sexual orientation, race, disability status, and other identities. These things can limit people's access to resources and full community participation.

*Western Mass RLC Community Centers are located at:*

#### **Holyoke Center**

Contact: Giselle Guillén-Martínez, Community Coordinator  
199 High Street  
Holyoke, MA 01040  
Phone: (413) 539-5941  
Toll-Free: 1-866-641-2853  
Fax: (413) 493-7810  
Email: [giselle@westernmassrlc.org](mailto:giselle@westernmassrlc.org)  
Website: <http://www.westernmassrlc.org/holyoke>

### **Springfield Center (Bowen Resource Center)**

Contact: Mike Cook, Community Coordinator  
235 Chestnut Street  
Springfield, MA 01103  
Phone: (413) 372-5652  
Email: [michael@westernmassrlc.org](mailto:michael@westernmassrlc.org)  
Website: <http://www.westernmassrlc.org/springfield>

### **Greenfield Center**

Contact: Calvin Moen, Community Coordinator  
20 Chapman Street  
Greenfield, MA 01301  
Phone: (413) 772-0715  
Email: [calvin@westernmassrlc.org](mailto:calvin@westernmassrlc.org)  
Website: <http://www.westernmassrlc.org/greenfield> or  
<http://www.westernmassrlc.org/greenfield>

### **Pittsfield Center**

Contact: Jean-Marie, Community Coordinator  
361 North Street  
Pittsfield, MA 01201  
Phone: (413) 464-9807  
Email: [jeanmarie@westernmassrlc.org](mailto:jeanmarie@westernmassrlc.org)  
Website: <http://www.westernmassrlc.org/pittsfield>

### **Central Massachusetts Recovery Learning Community (RLC): A component of the Kiva Centers**

**Update:** *A wide variety of supports and resources such as yoga and Zumba, Hearing Voices Network, Alternatives to Suicide, have moved onto Zoom or are available by telephone. Please visit the calendar for scheduled events and the Facebook page for instructions on accessing online meetings:* <http://www.kivacenters.org/calendar/> or <https://www.facebook.com/kivacenter/TheKivaCenter>

Contact: Mike MacInnis, Director of Kiva Centers Programs  
209 Shrewsbury Street  
Worcester, MA 01604  
Phone: (508) 751-9600  
Fax: (508) 751-9601  
The Kiva Center is open Mondays through Thursdays from 9 a.m. – 3:30 p.m. and Fridays from 12 – 6 p.m.  
Email: [info@kivacenters.org](mailto:info@kivacenters.org) or [mmacinnis@kivacenters.org](mailto:mmacinnis@kivacenters.org)  
Website: [www.kivacenters.org](http://www.kivacenters.org) or <https://www.facebook.com/kivacenter/>

### **Kiva Metro West Access Center**

*Please note that this RLC site is only open on Tuesdays and Thursdays from 10 a.m. to 2 p.m.*

Contacts: Lindsey Vezina and Andrei Silva, Program Co-Coordinators  
855 Worcester Road, Suite 12 (Trolley Square Plaza)  
Framingham, MA 01701  
Phone: (508) 626-2206  
Email: [Lvezina@kivacenters.org](mailto:Lvezina@kivacenters.org) or [Asilva@kivacenters.org](mailto:Asilva@kivacenters.org)  
Website: <http://www.kivacenters.org/areas/framingham/>

### **Kiva South County Site**

*Please note that this RLC site is only open on Mondays from 11 a.m. to 8 p.m.*

Contact: Jasmine Quinones, Program Coordinator  
346 Main Street  
Southbridge, MA 01550  
Phone: (508) 765-6670 or (508) 751-9600  
Email: [jquinones@kivacenters.org](mailto:jquinones@kivacenters.org)  
Website: <http://www.kivacenters.org/areas/south/>

### **Additionally, Kiva support groups take place in the following communities:**

Fitchburg, Leominster, Gardner, Hudson: <http://www.kivacenters.org/areas/north/>  
South County area (Southbridge to Milford):  
<http://www.kivacenters.org/areas/south/>  
Natick, Marlborough: <http://www.kivacenters.org/areas/framingham/>

### **For Young Adults:**

**Update:** *All in-person activities are currently cancelled. For information on virtual supports and activities, please visit <https://ziacenter.com/>.*

**Zia Young Adult Access Center and Advocacy Network**, a partnership between the Kiva Center and Open Sky, offers peer support and community and resource connections for young adults ages 16-22. More information is available in the Young Adult Resources section.

### **Northeast Recovery Learning Community (RLC)**

**Update:** *Call-in support is available and telephone and online groups and supports are offered via Zoom and Facebook Live. See the website for what is currently offered including call-in times.*

Contact: Helina Fontes, NERLC Program Director  
20 Ballard Road  
Lawrence, MA 01843  
Telephone (V/TTY): (978) 687-4288, Ext. 149  
Fax: (978) 689-4488  
Email: [hfontes@nilp.org](mailto:hfontes@nilp.org) or [help@nilp.org](mailto:help@nilp.org)  
Website: <https://www.nilp.org/nerlc/> or <https://www.facebook.com/nerlc> or <https://www.facebook.com/NortheastIndependentLivingProgram/>

*Northeast RLC Hubs are located at:*

**Essex North Hub**

Contacts: Mike Berggren, Essex North/Greater Lowell Hub Manager or  
Lisa Rivard, Peer Specialist  
20 Ballard Road  
Lawrence, MA 01843  
Telephone: (978) 687-4288, Ext. 200 or Ext. 140  
Email: [mberggren@nilp.org](mailto:mberggren@nilp.org) or [lrivard@nilp.org](mailto:lrivard@nilp.org)

**Greater Lowell Hub**

Contact: Mike Berggren, Essex North/Greater Lowell Hub Manager or  
David Carignan, Peer Specialist  
35 John Street, 2<sup>nd</sup> Floor  
Lowell, MA 01852  
Telephone: (978) 687-4288, Ext. 200 or Ext. 140  
Email: [mberggren@nilp.org](mailto:mberggren@nilp.org) or [dcarignan@nilp.org](mailto:dcarignan@nilp.org)

**Metro North Hub**

Contact: Rachely Ramos, Metro North/Acton Hub Manager  
40 Eastern Avenue, Suite 318  
Malden, MA, 02148  
Telephone: (978) 687-4288, Ext. 201  
Email: [rramos@nilp.org](mailto:rramos@nilp.org)

**Greater Lynn Hub**

Contacts: Mandy Orfanos, North Shore/Lynn Hub Manager  
or Gerry McManamy, Peer Specialist  
1 Market Street, Suite 203  
Lynn, MA 01901  
Telephone: (978) 687-4228, Ext. 203  
Email: [aorfanos@nilp.org](mailto:aorfanos@nilp.org) or [gmcmanamy@nilp.org](mailto:gmcmanamy@nilp.org)

**North Shore Area**

Contacts: Mandy Orfanos, North Shore/Lynn Hub Manager  
Telephone: (978) 687-4228, Ext. 203  
Email: [aorfanos@nilp.org](mailto:aorfanos@nilp.org)

**Acton Area**

Contact: Rachely Ramos, Metro North and Acton Hub Manager  
Telephone: (978) 687-4288, Ext. 201  
Email: [rramos@nilp.org](mailto:rramos@nilp.org)

**Transitional Age Youth (TAY) Peer Support**

Contact: Rachely Ramos, Metro North and Acton Hub Manager  
Location: Northeast Area Wide  
Telephone: (978) 687-4288, Ext. 201  
Email: [rramos@nilp.org](mailto:rramos@nilp.org)



### **Older Adult Peer Support**

Contact: Joanne Wolf, Older Adult Peer Specialist

Location: Northeast Area-Wide

Telephone: (978) 687-4288, Ext. 202

Email: [jwolf@nilp.org](mailto:jwolf@nilp.org)

### **Metro-Boston Recovery Learning Community (RLC)**

***Update:** The Metro Boston RLC is currently offering online and conference call line peer support groups. Information is available at: <http://metrobostonrlc.org/> The Peer Support Network is currently providing limited one to one in-person peer support. Please call for making an appointment at 617-788-1034.*

*The Metro Boston Recovery Learning Community has five recovery centers and a peer support line (see listing under Peer Run Warm Lines). Metro Boston RLC Recovery Centers are located at:*

#### **Boston Resource Center (BRC)**

Contact: Yuka Gordon, Director

85 East Newton Street, Ground Floor

Boston, MA 02118

Phone: (617) 875-4997

Fax: (617) 414-1975

Email: [info@metrobostonrlc.org](mailto:info@metrobostonrlc.org)

Website: <http://www.metrobostonrlc.org/brc.html>

#### **Cambridge/Somerville Recovery Learning Center**

Contact: Janel Tan, Director

35 Medford Street, 1<sup>st</sup> Floor, Suite 111

Somerville, MA 02143

Phone: (617) 863-5388

Email: [tanj@vinfen.org](mailto:tanj@vinfen.org)

Website: <http://www.metrobostonrlc.org/csrlc.html>

#### **Peer Support Network**

Contact: John Medeiros, Director

31 Bowker Street, 5<sup>th</sup> floor

Boston, MA 02114

Phone: (617) 788-1034

Email: [psn@baycove.org](mailto:psn@baycove.org) or [jmediros2@baycove.org](mailto:jmediros2@baycove.org)

Website: <http://www.metrobostonrlc.org/psn.html> or  
<http://www.metrobostonrlc.org>

**Dorchester satellite** (\*Saturdays only, 10 a.m. – 3 p.m.)

*\*To gain access to the building and for programming and other information please call (617) 788-1034.*

1500 Dorchester Avenue

Dorchester, MA 02122

Contact: Director John Medeiros, Director

Phone: (617) 788-1034

Email: [psn@baycove.org](mailto:psn@baycove.org) or [jmediros2@baycove.org](mailto:jmediros2@baycove.org)

**Hope Recovery Learning Center**

Contact: Julie Anne Entwistle, Center Coordinator or Zohreh King, Director of Recovery  
The DMH Erich Lindemann Mental Health Center

25 Staniford Street (plaza level)

Boston, MA 02114

Phone: (617) 912-7867

Email: [jentwistle@northsuffolk.org](mailto:jentwistle@northsuffolk.org)

Website: <http://www.metrobostonrlc.org/hope.html>

**South East Recovery Learning Community (RLC)**

**Update:** *Online groups are available. See updated listings below for details on specific centers:*

Contact: Sandra Whitney Sarles, Director

c/o 106 Bassett Lane

Hyannis, MA 02601

Phone: (774) 212-4519

Email: [info@southeastrlc.org](mailto:info@southeastrlc.org) or [sandra.whitney-sarles@bmc.org](mailto:sandra.whitney-sarles@bmc.org)

Website: <http://www.southeastrlc.org/>

*Community Connectors outreach to surrounding communities from each of the local centers listed below. South East RLC Recovery Centers are located at:*

**Fall River RCC**

**Update:** *Online groups are available. See calendar link for details:*

<http://www.southeastrlc.org/fallriver-calendar.html>

Contact: Niki Fontaine, Area Program Director

649 Bedford Street

Fall River, MA 02720

Phone: (508) 675-3137

Email: [fontainen@vinfen.org](mailto:fontainen@vinfen.org)

Website: <http://southeastrlc.org/fall-river-recovery-connection-center/>

**Hyannis RCC**

**Update:** Online groups are available. See calendar link for details:

<http://www.southeastrlc.org/hyannis-calendar.html>

Contact: Don Lonergan, Interim Program Director

106 Bassett Lane

Hyannis, MA 02601

Telephone: (508) 815-5218

Email: [lonergand@vinfen.org](mailto:lonergand@vinfen.org)

Website: <http://southeastrlc.org/hyannis-recovery-connection-center/>

**Brockton RCC**

**Update:** Virtual one to one support and online groups are available. See calendar link for details:

[http://southeastrlc.org/wp-content/uploads/2020/06/Brockton-Groups-online-Revised-6\\_19\\_20-1-scaled.jpg](http://southeastrlc.org/wp-content/uploads/2020/06/Brockton-Groups-online-Revised-6_19_20-1-scaled.jpg)

Contact: Barbara DeCunzo, Area Program Director

730 Belmont Street

Brockton, MA 02301

Phone: (508) 857-0316

Email: [barbaradecunzo@bamsi.org](mailto:barbaradecunzo@bamsi.org)

Website: <http://southeastrlc.org/brockton-recovery-connection-center/>

**Quincy RCC**

**Update:** Online groups are available. See website for schedule and details:

[http://www.southeastrlc.org/quincy\\_index.html](http://www.southeastrlc.org/quincy_index.html)

Contact: Abigail Gascoyne, Area Program Director

1458 Hancock Street

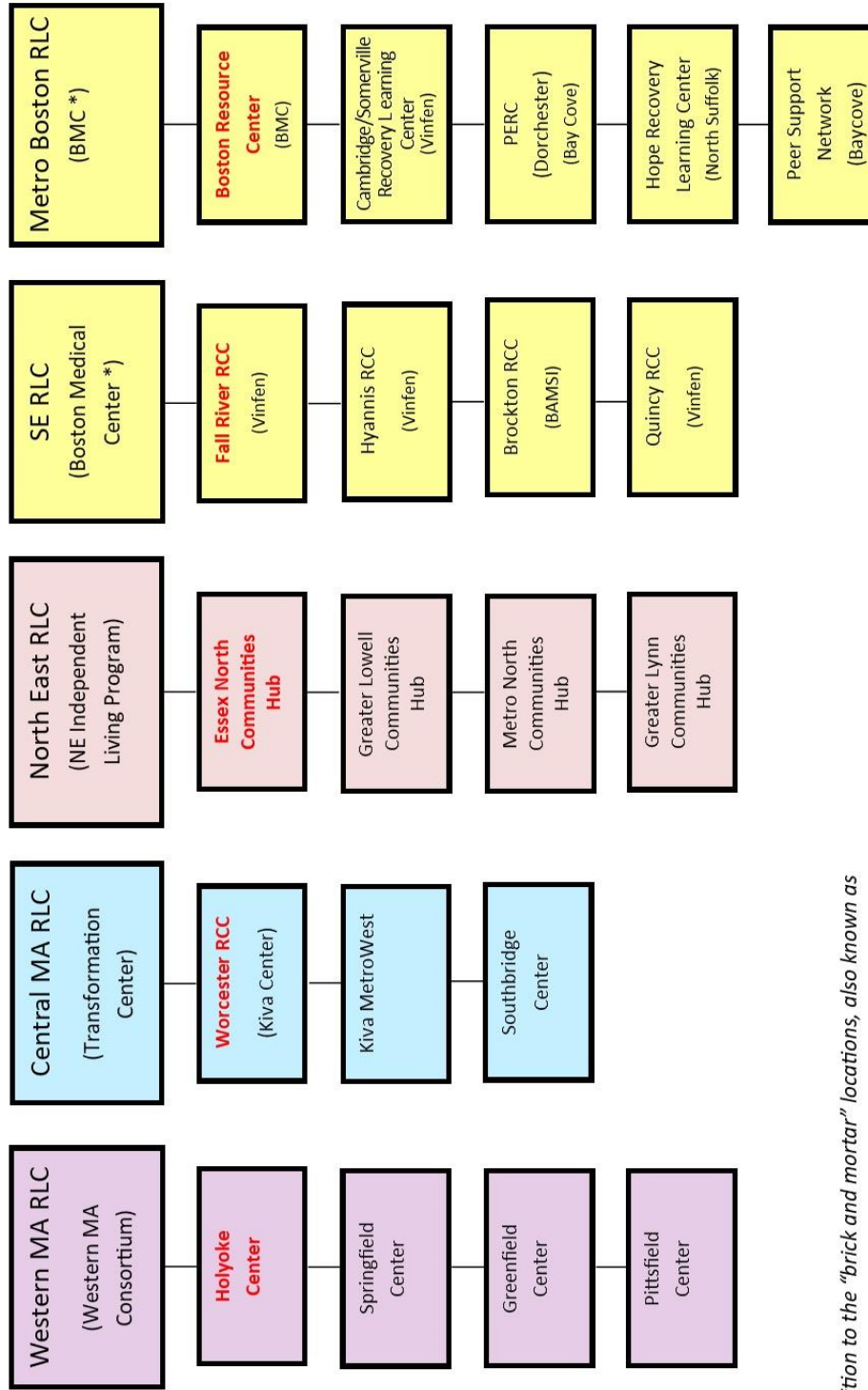
Quincy, MA 02169

Phone: (617) 405-5263

Email: [gascoynea@vinfen.org](mailto:gascoynea@vinfen.org)

Website: <http://southeastrlc.org/quincy-recovery-connection-center/>

## The Five Recovery Learning Communities and Their Locations



\* SE RLC and MetroBoston RLC funded through BMC with partner auspice agencies

In addition to the “brick and mortar” locations, also known as Resource Connection Centers (RCCs) or hubs, the Recovery Learning Communities hold meetings and other events at various locations throughout the cities and towns they support. The “central” locations are noted in red. As the RLCs are in continuous evolution, please notify us if any information is out of date.

## Peer-run Respite/Crisis Alternatives

### Afiya Peer Respite

**Update:** *Afiya is open and observing COVID-19 safety measures, but is currently limiting supports to those persons at risk of forced hospitalization or in physically dangerous situations. For further details, please see the Western Mass RLC website:*

*<http://www.westernmassrlc.org/cancellations-closures-a-delays/887-closures-and-cancelations-for-march-and-april-2020>*

Afiya is the first peer-run respite in Massachusetts and is run by the Western Mass Recovery Learning Community. It is open to anyone age 18 or older, from the Central or Western regions of the state, who is experiencing distress and believes that staying in a peer supported environment would be helpful to them. The average stay is 1-7 nights. Ultimately, Afiya's mission is to turn what is often perceived as a crisis into a useful "learning and growth opportunity." Afiya is located in a residential neighborhood of Northampton.

Contact: Ephraim Akiva, Director

Phone: (413) 570-2990

Email: [ephraim@westernmassrlc.org](mailto:ephraim@westernmassrlc.org)

Website: <http://westernmassrlc.org/afiya>

### The Living Room (Springfield)

**Update:** *The Springfield Living Room is still providing in-person services, while observing COOVID safety guidelines and the maximum number of guests is currently reduced Please contact the Living Room for the most up to date information.*

A peer support program provided by Behavioral Health Network, The Living Room is designed to provide a home-like environment for persons 18 and older in crisis, developing crisis, or post-crisis where they can regroup and get help. The program is run by certified peer specialists and does not require referrals, insurance, payment, or provider involvement. Daybeds are available for persons wishing to rest or sleep, but The Living Room does not have private bedrooms or shower facilities. Visits are generally limited to 24 hours. The Living Room encourages individuals to contact staff directly.

21 Warwick Street, Entrance L

Springfield, MA 01104

Phone: (413) 310-3312

Website: <https://www.bhninc.org/services-and-programs/emergency-services/living-room>

### **The Living Room (Framingham)**

**Update:** *The Living Room is now open for in-person visits from 8 a.m. to 10 p.m. with a limit of 2 guests at a time. Please call ahead of time, if possible. Overnight stays are not currently available. Peer specialists remain available to support individuals experiencing emotional distress or a mental health crisis with 24-hour phone support at (508) 661-3333.*

For many people in crisis, connecting with another person with shared lived experience can be a vital factor on the journey to mental health and addiction recovery. The Living Room program, staffed entirely by trained, certified peer specialists, provides a 24-hour crisis alternative to emergency department visits and hospitalization. Located in Framingham, The Living Room is the only program of its kind accessible to people in the Metro West and greater Boston areas. It is only the second of its kind in the entire state. No referral is necessary. The Living Room is a service run by Advocates that is entirely voluntary. It focuses on respect, mutuality, and trust. Staff provide flexible and compassionate care, connection to a variety of recovery resources in the community, assistance with housing and employment, and participation in peer support groups. Together, people in recovery and peer professionals share with each other what is needed and available and build a sense of community.

284 Union Avenue

Framingham, MA 01702

Phone: (508) 661-3333

Email: [TheLivingRoom@Advocates.org](mailto:TheLivingRoom@Advocates.org)

Website: <https://www.advocates.org/services/livingroom>

### **The Greenfield Living Room**

**Update:** *The Greenfield Living Room is open for up to 5 people and is observing COVID safety protocols. Calling ahead (413) 775-6760 is encouraged. Computers with audio and visual capabilities are also available for persons needing access to these resources. The laundry facilities are not currently available.*

The Greenfield Living Room is a peer-led, daytime support and diversion program that can be accessed without an appointment, regardless of insurance, and without lengthy intake forms and paperwork. It is a warm, inviting, substance-free environment for individuals 18 years or older experiencing emotional distress.

Focused on hope, respect, and trust, the Greenfield Living Room is staffed by people with lived experience who can provide a compassionate and trauma-sensitive space. Resources include social and peer support, as well as assistance with health, housing, and employment issues. The Greenfield Living Room offers a kitchen for snacks, as well as on-site laundry, shower, and bathroom facilities. The program is open Tuesday–Saturday from 10 a.m. to 6 p.m.

140 High Street

Greenfield, MA 01301

Phone: (413) 775-6760

### **The Peer-to-Peer Program**

***Update:** The Peer to Peer program has reopened for a limited of 8 persons at a time during new hours (Monday through Friday from 3:30 to 10 p.m. and weekends from 12:30 to 8 p.m. Please call ahead to sign up.*

The Peer-to-Peer Program at Aspire Health Alliance (formerly South Shore Mental Health) functions as a peer driven “drop-in” center for adults 18 years and older. The program’s mission is to provide a safe and supportive environment where peer visitors can connect with others whose shared experiences help them work through various stages of their recovery. The program offers support to individuals living with mental illness in the evenings and weekends, when access to mental health services are unavailable. The program is open Tuesday through Friday from 3-10 p.m., and Saturdays and Sundays from 10 a.m. to 10 p.m.

460 Quincy Avenue, Main Floor

Quincy, MA 02169

Phone: (617) 689-2599

Website: <https://www.aspirehealthalliance.org/our-programs/for-adults/peer-to-peer-program>

### **Peer-Run Warm Lines**

***Update:** No further updates, as these are already “virtual” supports.*

*Warm lines are peer-run listening lines staffed by people in recovery that give others an opportunity to connect and have someone to talk to. They are not crisis lines. A national database of peer-run warm lines is maintained at <http://www.warmline.org>. Warm lines in red indicate that they will take calls from persons living outside of their own areas. Here are the local listings:*

#### **The Peer Support Line (Metro Boston Recovery Learning Community)**

Phone: 877-PEER-LNE (733-7563)

Hours: Monday through Sunday, 4 – 7:45 p.m.

Website: <http://www.metrobostonrlc.org/warm-line.html>

#### **Western Mass Peer Support Line**

Toll-free: 1-888-407-4515

Hours: Monday through Thursday from 7 - 9 p.m., and Friday through Sunday, 7 – 10 p.m.

Website: [www.westernmassrlc.org/peer-support-line](http://www.westernmassrlc.org/peer-support-line)

#### **Edinburg Center Warmline**

Phone: (617) 875-0748

Hours: Mondays through Sundays, 5:30 - 9:30 p.m.

#### **Baycove Peer Support Warmline**

Phone: (857) 378-4997

Mondays through Fridays, 9 a.m. – 5 p.m.

#### **Bridging Group Home Support Line (Northeast Recovery Learning Community)**

Phone: (781) 219-0710

Mondays 10-11 a.m.

Wednesdays and Thursdays 1 to 2 p.m.

## Assistance with Telephone Service

Many individuals find telephonic peer support to be helpful. The Lifeline Program is a federal program providing limited, monthly free phone service to eligible low-income households. For more information on program eligibility and available services visit

<http://www.lifelinesupport.org/>.

## Young Adult Resources

### Success Through Empowerment and Peer Support (STEPS) Young Adult Resource Center

**Update:** STEPS has launched an online platform providing free mental health services to the public, including:

- 1:1 peer support via Microsoft TEAMS or Google Voice
- online support groups through Microsoft TEAMS and Instagram LIVE (instructions on how to join are located in the newsletter)

If you, or anyone would benefit from Virtual STEPS, please:

1. **Send** your email address to [steps@waysideyouth.org](mailto:steps@waysideyouth.org) so they can send the Microsoft TEAMS group invitations.
2. **Share** the calendar, newsletter, and STEPS mobile number (508-233-8228)
3. **Follow** us on Instagram [here](#) to stay tuned to our events and join our Instagram LIVE groups! (IG handle: @stepsyoungadults)

STEPS offers services and supports for all individuals ages 18-26, with no referrals needed. STEPS is a peer-driven center that provides a wide variety of social, creative, and supportive groups and activities. STEPS provides a supportive environment that encourages people to fully be themselves. The community is committed to empowering each other to reach personal goals and aspirations. STEPS also provides traditional assistance with referrals and connections to requested services.

12 Prescott Street

Arlington, MA 02474

Phone: (781) 646-2826

Hours: Monday through Thursday, 1 - 7 p.m.

Email: [steps@waysideyouth.org](mailto:steps@waysideyouth.org)

Website:

<http://www.waysideyouth.org/OurServices/WaysideYoungAdultServices/STEPSYoungAdultResourceCenter.aspx> or

[https://www.facebook.com/pg/STEPSyoungadultresourcecenter/about/?ref=page\\_intern](https://www.facebook.com/pg/STEPSyoungadultresourcecenter/about/?ref=page_intern)



### **Tempo Young Adult Resource Center**

**Update:** *Tempo is open to limited in-person services with appointment strongly encouraged. COVID protocols including masks, temperature checks and screening questions are required. Current information is available on its Facebook page:*

<https://www.facebook.com/tempoyoungadults/>.

Tempo Young Adult Resource Center offers services for individuals ages 16-25, with no referrals needed. Peer mentors at Tempo Young Adult Resource Center can provide support. The Center provides a wide range of services and assistance with accessing outside services and supports including housing, counseling, food stamps, and other benefits.

68 Henry Street

Framingham, MA 01702

Phone: (508) 879-1424

Fax: (508) 879-1460

Hours: Monday, Tuesday, Thursday, 8 a.m. to 5 p.m.; Wednesday, 8 a.m. to 8 p.m.; Friday, 10 a.m. to 4 p.m.; Saturday, 10 a.m. to 2 p.m.

Website:

<https://www.waysideyouth.org/services/young-adult/tempo-young-adult-resource-center/>  
or <https://www.facebook.com/tempoyoungadults/>

### **Zia Young Adult Access Center**

**Update:** *All in-person activities are currently cancelled. For information on virtual supports and activities, please visit <https://ziacenter.com/>.*

The Zia Young Adult Access Center and Advocacy Network prioritizes youth autonomy, liberation, and support. The Zia Center is part of the Central Mass Recovery Learning Community. Zia supports young adults ages 16-22 who express and self-identify with different human experiences (societal and/or social class impacts like trauma, mental health, and substance use). No registration, referral, or health insurance is necessary. All supports are free of cost and are intended to be accessible.

The two Zia Young Adult Access Center locations offer youth-held and peer-run community spaces, groups, and events as well as self-determined resource connections (education, employment, family support, and more).

#### **Zia Young Adult Access Center at the Kiva Center**

209 Shrewsbury Street

Worcester, MA 01604

Hours: Mondays from 3 – 6 p.m. and Wednesdays from 4 – 8 p.m.

Website: <https://ziacenter.com/>

#### **Zia Young Adult Access Center at Open Sky Community Services**

4 Mann Street

Worcester, MA 01602

Hours: Tuesdays, Thursdays, and Fridays from 11 a.m. – 6 p.m.

Website: <https://ziacenter.com/>

## **Speaking of Hope**

**Update:** No further update, as this is already a “virtual” support platform.

Speaking of Hope is a network for young adults to connect with others through shared experiences, resources, and to promote self-discovery and is supported by the Massachusetts Department of Mental Health.

Email: [SpeakingofHope@MassMail.State.MA.US](mailto:SpeakingofHope@MassMail.State.MA.US)

Website: [www.speakingofhope.org](http://www.speakingofhope.org) or

<https://www.facebook.com/speakingofhopeproject/> and

<https://twitter.com/speakingofhope>

## **Boston Alliance of Gay, Lesbian, Bisexual, Transgender Queer Youth (BAGLY), Inc.**

**Update:** BAGLY has gone to online programming:

<https://www.bagly.org/online-programs>

For specific supports and resources around the current pandemic:

<https://www.bagly.org/covid19-resources>

BAGLY is a youth-led, adult-supported social support organization. It is committed to social justice and creating, sustaining, and advocating for programs, policies, and services for the LGBTQ youth community. BAGLY clinic services are for youth age 29 and younger across Massachusetts. BAGLY works with youth age 22 and younger. They provide leadership development, health promotion and services, social support, events. They are part of the statewide GLBTQ+ Youth Group Network. BAGLY programs include social support meetings, weekly programming, and free, clothes-on STI and HIV testing (no insurance required, LGBTQ+ youth age 29 and under). Its free mental health programming includes walk-in, one-on-one therapy, narrative art therapy, themed-group therapy (6-week sessions), and peer-led mental health groups.

28 Court Square

Boston, MA 02108

Phone: (617) 227-4313

Fax: (617) 227-3266

Hours: Monday – Friday, 9 a.m. to 7 p.m. (except Wednesday, 9 a.m. to 9 p.m.)

Email: [info@bagly.org](mailto:info@bagly.org)

Website: <http://www.bagly.org>

## **Alliance of Gay, Lesbian, Bisexual, Transgender Youth (AGLY) Network — Massachusetts locations**

**Update:** Please refer to listing directly above for current “virtual” programming.

<https://www.bagly.org/the-agly-network/>

## Youth on Fire

**Update:** Youth on Fire is currently closed during the COVID-19 emergency.

Youth on Fire (YOF), a program of AIDS Action Committee of Massachusetts, is a drop-in center for homeless and street-involved youth, ages 14-24. It is located in Harvard Square, Cambridge. YOF provides a broad spectrum of vital services, supports and opportunities including hot meals, showers, mental health and medical services, housing search, peer outreach and education, and other supports.

1 Church Street

Cambridge, MA 02138

Phone: (617) 661-2508

Drop-in Hours: Monday, Tuesday, Wednesday, Friday, 11 a.m. – 1 p.m. and 2 – 5:45 p.m.

Thursday by appointment only.

Email: [yof@aac.org](mailto:yof@aac.org)

Website: <http://www.aac.org/youth-on-fire/> or

<https://www.facebook.com/YouthOnFireMA/>

## Youth Motivating Others through Voices of Experience (MOVE) Massachusetts

**Update:** Youth MOVE MA is currently operating remotely. Persons seeking peer support can send a message on the Youth MOVE MA Facebook page.

Youth MOVE is a youth led organization devoted to improving the mental health system, advocating for youth rights, and empowering youth as equal partners in the process of change. Youth MOVE hosts peer-run support groups. We are a statewide organization of lived experience youth and young people that support others.

77 Rumford Ave

Waltham Ma 02453

Phone: Toll Free: (866)815-8122

Email: [YouthMOVEMassachusetts@gmail.com](mailto:YouthMOVEMassachusetts@gmail.com)

Eri Solomon, Youth Move's Youth Coordinator, can be emailed at [esolomon@ppal.net](mailto:esolomon@ppal.net). The associate director Meri Viano can be emailed at [mviano@ppal.net](mailto:mviano@ppal.net).

Website: <https://youthmovemassachusetts.net/> or

<https://www.facebook.com/youthmovemassachusetts/>

## Other Non-Clinical, Peer-Driven Resources

### Mental Health Recovery and the Wellness Recovery Action Plan (WRAP)

Most people are aware of WRAP as a crisis prevention plan, but WRAP is much more. WRAP facilitates a process where the person becomes familiar with personal triggers and warning signs, so that he or she can increase actions that maximize wellness.

A Wellness Recovery Action Plan (WRAP) is an evidence-based practice that is completely self-directed and voluntary. It includes writing a description of what one looks like when well and an inventory of personal strategies and resources that one finds helpful. Then one creates an action plan to use those resources to increase resilience and counteract challenging situations. The action plan is graduated to bring in more resources as circumstances or distress become more challenging. The final components of the WRAP, (if selected by an individual) include a

form of an advanced directive, as well as a plan to discontinue the advanced directive plan once pre-determined markers have been achieved.

WRAP is based on five key concepts:

- Hope
- Personal Responsibility
- Education
- Self-Advocacy
- Support

Website: <http://www.mentalhealthrecovery.com>

### **Peer Support Whole Health and Resiliency Training (PSWHR)/Whole Health Action Management (WHAM)**

WHAM and PSWHR are peer support wellness trainings that promote skill teaching for individuals. The training helps individuals to more effectively improve health resiliency and self-manage health conditions.

Many people who use services in the public mental health system have chronic physical health conditions, often related to metabolic syndrome. Yet making healthy changes, that a person integrates consistently over time, is a challenge for people. These classes support participants to be realistic in goal setting, to establish peer support as a strategy for health, and to consider setting health goals that increase resiliency factors particularly relevant for people with mental health conditions.

Basic tenets of these trainings include utilizing a person-centered planning process to identify health goals, setting goals that are engaging and manageable, and utilizing the Relaxation Response to promote resiliency through stress reduction. One foundation of the class is the recognition that it is easier to create new habits than to change old habits, that it is more effective to focus on what individuals wish to *create*, rather than what they “need” to *change*.

Phone: (202) 684-7457

Website:

[https://www.center4healthandsdc.org/uploads/7/1/1/4/71142589/wham\\_participant\\_guide.pdf](https://www.center4healthandsdc.org/uploads/7/1/1/4/71142589/wham_participant_guide.pdf)

### **Clubhouses**

Although Clubhouses are not strictly based on peer support, they offer an opportunity for peers to come together in recovery-promoting environments organized around work and the relationships created through clubhouse membership. As noted elsewhere in this resource guide, clubhouses are a primary source of peer support for persons in dual recovery through its sponsorship and promotion of Dual Recovery Anonymous (DRA) meetings. More information on clubhouses can be found on the Massachusetts Clubhouse Coalition website ([www.massclubs.org](http://www.massclubs.org)) and on the International Center for Clubhouse Development (ICCD) website (<http://www.iccd.org>).

## *Listing of Massachusetts Clubhouses by Region:*

### **Boston**

#### **Center Club**

**Update:** Due to the COVID-19 pandemic, Center Club is temporarily offering a smaller range of services. For details, as well as regular updates go to the following links: <https://www.baycovehumanservices.org/clubhouse-and-peer-services> and <https://www.baycovehumanservices.org/coronavirus>

31 Bowker Street

Boston, MA 02114

Director: Mary Gregorio

Phone: (617) 788-1003 or (617) 788-1000

Fax: (617) 788-1080

Org: Bay Cove Human Services

Email: [entrclb@baycove.org](mailto:entrclb@baycove.org)

Website: <http://www.centerclubboston.org/> or

<https://www.facebook.com/pages/Center-Club-Boston/105513792815005>

#### **Transitions of Boston**

**Update:** Due to the COVID-19 pandemic, Transitions is temporarily offering a smaller range of services. For details and regular updates, go to the following links: <https://www.baycovehumanservices.org/clubhouse-and-peer-services> and <https://www.baycovehumanservices.org/coronavirus>

1500 Dorchester Avenue

Dorchester, MA 02122

Director: Vinnette McKay

Phone: (617) 379-5661

Fax: (617) 541-6817

Org: Bay Cove Human Services

Email: [vmckay@baycove.org](mailto:vmckay@baycove.org)

Website: <https://www.baycovehumanservices.org/clubhouse-and-peer-services>

#### **Webster House**

**Update:** Webster House has re-opened on a limited basis. Please call the clubhouse for the most current information.

746 South Street

Roslindale, MA 02131

Director: Maggie Mahoney

Phone: (617) 739-5461

Org: Vinfen

Email: [mahoneym@vinfen.org](mailto:mahoneym@vinfen.org)

Website: [www.websterclubhouse.org](http://www.websterclubhouse.org)

## **Metro Boston**

### **Atlantic House**

**Update:** *Atlantic House has opened with a limited capacity and is following state guidelines for COVID safety. Please call the clubhouse for the most current information.*

338 Washington Street  
Quincy, MA 02169  
Director: Janette Tibets  
Phone: (617) 770-9660  
Org: Vinfen  
Email: [Tibetsj@vinfen.org](mailto:Tibetsj@vinfen.org)  
Website: <http://www.atlanticclubhouse.org/>

### **Elliot House**

**Update:** *Elliot House is open for a small group of members. Please contact the office for information on attending the Clubhouse. Stay connected through daily calls at 11 a.m. and 1 p.m. by Zoom at 646-558-8656, meeting ID 870-877-2971.*

255 Highland Avenue  
Needham, MA 02494  
Director: Alison Siersdale  
Phone: (781) 449-1212  
Fax: (781) 449-4064  
Org: Riverside Community Care  
Email: [Asiersdale@riversidecc.org](mailto:Asiersdale@riversidecc.org)  
Website: <http://elliothouse.org>

### **Neponset River House**

**Update:** *For information on available programming and supports, please call the clubhouse.*

595 Pleasant Street  
Norwood, MA 02062  
Director: Dannielle Ford-Allen  
Phone: (781) 762-7075  
Org: Riverside Community Care  
Email: [dfallen@riversidecc.org](mailto:dfallen@riversidecc.org)  
Website: <http://www.neponsetriverhouse.org/>

## Central

### Employment Options Clubhouse

**Update:** *The clubhouse is still closed but is maintaining its COVID-19 hotline, which is responded to quickly by staff. Please call for the most current information.*

82 Brigham Street

Marlborough, MA 01752

Director of Programs and Services: Liz Gulachenski

Phone: (508) 485-5051

Fax: (508) 485-8807

Org: Employment Options

Email: [newmember@employmentoptions.org](mailto:newmember@employmentoptions.org) or [lgulachenski@employmentoptions.org](mailto:lgulachenski@employmentoptions.org)

Website: <http://www.employmentoptions.org/> or

<https://www.facebook.com/EmploymentOptions/>

### Charles Webster Potter Place

**Update:** *Potter Place is working remotely, making phone calls to members and delivering food and needed items as needed. The main number is being forwarded to a work cell phone, so all calls are still being received. New members are not being enrolled at this time.*

15 Vernon Street

Waltham, MA 02453

Director: Judith Kellam

Phone: (781) 894-5302

Org: Edinburg

Email: [jkellam@edinburgcenter.org](mailto:jkellam@edinburgcenter.org)

Website: <http://www.edinburgcenter.org/charles-webster-potter-place/>

### Crossroads Clubhouse

**Update:** *Updated information on current services and supports can be found on the Facebook page and by calling the clubhouse during regular hours.*

11 Williams Street

Hopedale, MA 01747

Program Director: Lauren Baxter

Phone: (508) 473-4715

Org: Riverside Community Care

Email: [lbaxter@riversidecc.org](mailto:lbaxter@riversidecc.org)

Website: <http://www.crossroadsclubhouse.org/> or

<https://www.facebook.com/CrossroadsClubhouse/>

**Crystal House**

**Update:** *Crystal House is preparing to reopen. Please call the clubhouse for the most current information.*

55 Lake Street, #100  
Gardner, MA 01440  
Director: Tamela Deveikis  
Phone: (978) 630 2794  
Org: Open Sky  
Email: [tamela.deveikis@openskycs.org](mailto:tamela.deveikis@openskycs.org)

**Elm Brook Place**

**Update:** *The clubhouse is currently closed but hoping to re-open soon. Clubhouse staff are available via phone Monday through Friday from 8 a.m. to 4 p.m. Please call the clubhouse for the most current information.*

4 A Street, 1<sup>st</sup> Floor  
Burlington, MA 01803  
Director: Carrie Endicott  
Phone: (781) 202-3478  
Fax: (781) 202-3481  
Org: Eliot Community Human Services  
Email: [cendicott@eliotchs.org](mailto:cendicott@eliotchs.org)  
Website: <http://www.elmbrookplace.org/> and  
<https://www.facebook.com/elmbrookplace2020>

**Genesis Club, Inc.**

**Update:** *Genesis has reopened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports and services, including employment education, housing, and wellness for its members. The clubhouse is operating with full opportunities available whether members choose to be in the building or to access the clubhouse from home. Please call the clubhouse for the most current information.*

274 Lincoln Street  
Worcester, MA 01605  
Program Director: Ruth Osterman  
Phone: (508) 831-0100  
Org: Genesis Club  
Email: [training@genesisclub.org](mailto:training@genesisclub.org) or [ruth@genesisclub.org](mailto:ruth@genesisclub.org)  
Website: <http://www.genesisclub.org> or <https://www.facebook.com/genesisclubinc/>



### **Tradewinds**

**Update:** *The clubhouse is now open on a very limited basis by appointment only. For the most current information, please call the clubhouse.*

309 Main Street  
Southbridge, MA 01550  
Director: Samantha Aikey  
Phone: (508) 765-9947  
Org: Viability  
Email: [tradewindsclubhouse@gmail.com](mailto:tradewindsclubhouse@gmail.com)  
Website: <https://www.facebook.com/tradewinds.club/>

### **Northeast**

#### **Westwinds**

**Update:** *Westwinds' physical site is still closed to members. Staff continue to maintain daily contact with members. For the most current information, please email Deborah Downing at [ddowning@communityhealthlink.org](mailto:ddowning@communityhealthlink.org).*

133 Pritchard Street  
Fitchburg, MA 01420  
Director: Deborah Downing  
Phone: (978) 345-1581  
Org: Community Health Link  
Email: [ddowning@communityhealthlink.org](mailto:ddowning@communityhealthlink.org) or [westwinds@communityhealthlink.org](mailto:westwinds@communityhealthlink.org)  
Website: <http://www.communityhealthlink.org/chl/adult-outpatient-services/westwinds-clubhouse>

#### **Haverhill Clubhouse**

**Update:** *Haverhill Clubhouse has reopened with limited capacity and is observing COVID safety guidelines. In addition, the clubhouse is still providing remote supports and services to its members. Please call the clubhouse for the most current information.*

100 Locust Street  
Haverhill, MA 01830  
Director: Kerry Caraccio  
Phone: (978) 521-6957  
Org: Vinfen  
Email: [caracciok@vinfen.org](mailto:caracciok@vinfen.org)  
Website: <http://www.haverhillclub.org/>

### **Harbor Place Clubhouse**

**Update:** Harbor Place Clubhouse is still closed but hoping to reopen soon. Staff are conducting outdoor home visits and outdoor groups. They are also holding one-to-one zoom meetings as needed. They continue to be available for support by telephone and to provider meals and online groups and support. Please call or email for the most current information.

95 Pleasant Street  
Lynn, MA 01905  
Director: Christina Tinkham  
Manager: Melissa Harris  
Phone: (781) 842-7200  
Org: Eliot Community Human Services  
Email: [meharris@eliotchs.org](mailto:meharris@eliotchs.org)

### **Horizon House**

**Update:** Horizon House has re-opened to members Monday- Friday but is limited to 25% of building capacity. Meals are being served on site daily and delivered to clubhouse members unable to attend in person. Additionally the clubhouse is continuing its virtual supports: DRA conference call meetings Monday, Wednesday and Friday at 11 a.m., daily conference calls for all members at 2 p.m. as well as various online Zoom meetings. Members who are interested in attending the Clubhouse in person or with questions about what is being offered are encouraged to call.

78 Water Street  
Wakefield, MA 01880  
Director: Catherine Taatjes  
Phone: (781) 245-4272  
Fax: (781) 245-4276  
Org: Riverside Community Care  
Email: [ctaatjes@riversidecc.org](mailto:ctaatjes@riversidecc.org)  
Website: <http://www.horizonhouseclubhouse.org/>

### **Point After Club**

**Update:** Point After Club reopened on August 3 with a limited capacity and COVID-19 safety protocols. The clubhouse is also ensuring that members who are not visiting the physical location are receiving necessary services and supports. For current information please call or email.

15 Union Street, Suite #70 (lower level)  
Lawrence, MA 01840  
Director: Tom Coppinger  
Phone: (978) 681-7753  
Fax: (978) 725-5527  
Org: Vinfen  
Email: [coppingert@vinfen.org](mailto:coppingert@vinfen.org)  
Website: <http://www.pointafterclub.org/>

### **Renaissance Club**

**Update:** *Although the Renaissance Club is currently closed, staff are available by telephone for support and are providing free lunches for members. For more updates please check the Facebook page.*

176 Walker Street, Second Floor

Lowell, MA 01854

Director: Heather Gilbert

Phone: (978) 454-7944

Fax: (978) 937-7867

Org: Eliot Community Human Services

Email: [hgilbert@eliotchs.org](mailto:hgilbert@eliotchs.org) or [renclublowell@gmail.com](mailto:renclublowell@gmail.com)

Website: <https://www.renaissanceclublowell.org/> or  
<https://www.facebook.com/renclub.lowell/>

### **Salem Connections Clubhouse**

**Update:** *Salem Connections Clubhouse is currently closed but hopes to reopen slowly soon. Staff continue to outreach to members every day, to be available for support by telephone, and to provide meals and online groups and supports. For further information, please email.*

50 Grove Street

Salem, MA 01970

Director: John Kirton

Phone: (978) 498-4400

Org: Eliot Community Human Services

Email: [jkirton@eliotchs.org](mailto:jkirton@eliotchs.org)

Website: <https://www.facebook.com/Salemconnectionclubhouse/>

## **Southeast**

### **Anchor House**

**Update:** *Anchor House has reopened with a limited capacity and is following COVID safety protocols. Please call the clubhouse at (508) 984-4300 to schedule a visit or to get the most current information.*

2277 Purchase Street

New Bedford, MA 02746

Director: Paul Lavoie

Phone: (508) 984-4300

Fax: (508) 984-1453

Org: Fellowship Health Resources

Email: [plavoie@fhr.net](mailto:plavoie@fhr.net)

Website: <https://www.fhr.net/our-services/clubhouses/anchorhouse> or  
<https://www.facebook.com/FHR-Anchor-House-115901989848610/>

**Baybridge**

**Update:** Baybridge Clubhouse has reopened with limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports and services to its members. Please call the clubhouse for the most current information.

106 Bassett Lane  
Hyannis, MA 02601  
Director: Tom Couhig  
Phone: (508) 778-4234  
Org: Vinfen  
Email: [couhigt@vinfen.org](mailto:couhigt@vinfen.org)  
Website: <http://www.baybridgeclubhouse.org/>

**Cove Clubhouse**

**Update:** Cove Clubhouse has reopened with a limited capacity and is following state guidelines for COVID safety. Please call the clubhouse for the most current information.

383 Route 28  
Harwichport, MA 02646  
Director: Sabrina Kreber  
Phone: (508) 432-7774  
Org: Vinfen  
Email: [Krebers@vinfen.org](mailto:Krebers@vinfen.org)  
Website: [www.coveclubhouse.org](http://www.coveclubhouse.org) or  
<https://www.facebook.com/Cove-Clubhouse-96369568380/>

**Daybreak**

**Update:** Staff remains available via telephone, email, or Telehealth. There is extremely limited in-person capacity. Please call the clubhouse for the most current information.

457 State Road, #B  
Vineyard Haven, MA 02568  
Phone: (508) 696-7563  
Org: Martha's Vineyard Community Services  
Email: [anicholson@mvcommunityservices.com](mailto:anicholson@mvcommunityservices.com)  
Website: <https://www.mvcommunityservices.org/services/mental-health-services/mental-illness-rehabilitation/>

**Fairwinds**

**Update:** Fairwinds has opened with a limited capacity and is following state guidelines for COVID safety. Please call the clubhouse for the most current information. Staff are also continuing to provide outreach, meals, group video chats, and more. It also posts on the Facebook page and provides telephone support.

155 Katherine Lee Bates Road  
Falmouth, MA 02540  
Director: Gerald McDowell  
Phone: (508) 540-6011  
Org: Fellowship Health Resources  
Email: [gmcowell@fhr.net](mailto:gmcowell@fhr.net)  
Website: <http://www.fhr.net/our-services/clubhouses/fairwinds> or  
<https://www.facebook.com/fairwindsclubhouse/>

**Our House in Brockton**

**Update:** The clubhouse has reopened with a limited capacity and is following state guidelines for COVID safety. Please call the clubhouse for the most current information. Staff are still providing daily outreach and are available for telephone support during operating hours.

728 Belmont Street  
Brockton, MA 02301  
Director: Maria Lobo-Terrell  
Phone: (508) 857-1657  
Org: Brockton Area Multi-Services, Inc. (BAMSI)  
Email: [marialobo-terrell@bamsi.org](mailto:marialobo-terrell@bamsi.org)

**Plymouth Bay House**

**Update:** Plymouth Bay House has reopened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. Please call the clubhouse for the most current information.

340 Court Street  
Plymouth, MA 02360  
Director: Jaimee Provan  
Phone: (508) 747-1115  
Org: Vinfen  
Email: [provanj@vinfen.org](mailto:provanj@vinfen.org)  
Website: <http://www.plymouthbayhouse.org/> or  
<https://www.facebook.com/plymouthbayhouse/>

### **Taunton River House**

**Update:** Taunton River House has opened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. Please call the clubhouse for the most current information.

225 Cape Highway

East Taunton, MA 02718

Director: Karen Therrien

Phone: (508) 828-4591

Org: Fellowship Health Resources

Email: [ktherrien@FHR.net](mailto:ktherrien@FHR.net)

Website: <https://www.fhr.net/our-services/clubhouses/cornerclubhouse> or

<https://www.facebook.com/Tauntonriverclubhouse/>

### **Towne House**

**Update:** Towne House has reopened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members and delivering food meals five days a week. Please call the clubhouse for the most current information.

1706 President Avenue

Fall River, MA 02720

Director: Aaron Labonte

Phone: (508) 672-2023

Fax: (508) 672-2051

Org: Fellowship Health Services

Email: [alabonte@fhr.net](mailto:alabonte@fhr.net)

Website: <https://www.fhr.net/our-services/clubhouses/townehouse> or

<https://www.facebook.com/FHRTowneHouse/>

### **Western**

#### **Forum House**

**Update:** Forum House has reopened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. The food pantry is open by appointment Tuesdays, and Thursdays from 10 a.m. to 2 p.m. For the most current information, please call the clubhouse.

55 Broad Street

Westfield, MA 01085

Director: Sally English

Phone: (413) 562-5293

Fax: (413) 562-9163

Org: Viability

Email: [senglish@viability.org](mailto:senglish@viability.org) or [forumhouse2@viability.org](mailto:forumhouse2@viability.org)

Website: <https://www.viability.org/clubhouses> or <https://www.facebook.com/ForumHouse-Westfield-1645719352331285/>

### **Green River House**

**Update:** *Green River House has reopened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members and is still offering curbside lunches. For the most current information, please call the clubhouse.*

37 Franklin Street  
Greenfield, MA 01301  
Director: Kim Britt  
Phone: (413) 772-2181  
Fax: (413) 772-2032  
Org: Clinical and Support Options  
Email: [Kbritt@csoinc.org](mailto:Kbritt@csoinc.org) or [grh@csoinc.org](mailto:grh@csoinc.org)  
Website: <https://www.csoinc.org/community-based-programs> or  
<https://www.facebook.com/Green-River-House-243007819087077/>

### **Lighthouse**

**Update:** *Lighthouse has reopened by appointment only, with a limited capacity, and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. For the most current information, please call the clubhouse.*

1401 State Street  
Springfield, MA 01109  
Director: Toni Bator  
Phone: (413) 736-8974  
Fax: (413) 785-5030  
Org: Viability  
Email: [tbator@viability.org](mailto:tbator@viability.org)  
Website: <https://www.viability.org/clubhouses> or <https://www.facebook.com/viabilityocks/>

### **Star Light Center**

**Update:** *Star Light Center has reopened by appointment only, with a limited capacity, and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. For the most current information, please call the clubhouse.*

251 Nonotuck Street  
Florence, MA 01062  
Director: Evan Kerke  
Phone: (413) 586-8255  
Fax: (413) 586-8311  
Org: Viability  
Email: [Ekerke@viability.org](mailto:Ekerke@viability.org)  
Website: <https://www.viability.org/clubhouses> or <https://www.facebook.com/pg/251slc>

### **Odyssey House**

**Update:** *Odyssey House has reopened by appointment only, with a limited capacity, and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. For the most current information, please call the clubhouse.*

474 Appleton Street  
Holyoke, MA 01040  
Director: Jillian Cunningham  
Phone: (413) 538-4377  
Fax: (413) 538-4355  
Org: Viability  
Email: [jcunningham@viability.org](mailto:jcunningham@viability.org)  
Website: <https://www.viability.org/clubhouses> or  
<https://www.facebook.com/Odyssey-Clubhouse-644025472417561/>

### **Quabbin House**

**Update:** *Quabbin House has reopened with a limited capacity and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. For the most current information, please call the clubhouse.*

25 West Main Street  
Orange, MA 01364  
Director: Danielle Barron  
Phone: (978) 544-1859  
Fax: (978) 544-1860  
Org: Clinical Support Options  
Email: [Daniellebarron@csoinc.org](mailto:Daniellebarron@csoinc.org) or [info@csoinc.org](mailto:info@csoinc.org)  
Website: <https://www.csoinc.org/community-based-programs>

### **Berkshire Pathways**

**Update:** *Berkshire Pathways has reopened by appointment only, with a limited capacity, and is following state guidelines for COVID safety. In addition, the clubhouse is still providing remote supports for its members. For the most current information, please call the clubhouse.*

199 B South Street  
Pittsfield, MA 01201  
Director: David Brien  
Phone: (413) 464-7949  
Fax: (413) 464-7942  
Org: Viability  
Email: [dbrien@viability.org](mailto:dbrien@viability.org)  
Website: <https://www.viability.org/clubhouses> or  
<https://www.facebook.com/BerkshirePathways>



## Cross-Disability/Miscellaneous Resources for Peers

### Independent Living Centers

Independent Living Centers have been providing their core services of information and referral, independent living skills training, peer counseling and individual and systems advocacy since the first center was started in Berkeley, California in 1972.

Independent Living Centers are run and controlled by persons with disabilities. A basic tenet of the Independent Living movement is that support and role modeling by someone who has faced similar situations and challenges are invaluable resources in assisting persons with disabilities gain control and independence over their lives.

Independent Living Centers offer services to persons across the disability spectrum, including psychiatric disabilities, and are located throughout the state of Massachusetts and the rest of the country. Locally, the Massachusetts Independent Living Centers receive significant funding through the Massachusetts Rehabilitation Commission and are located in the following communities:

#### **Ad-Lib, Inc. – Pittsfield**

***Update:** All in-person meetings at Ad-Lib are currently suspended. For assistance, please call the office and leave a message and someone will get back to you. Ad-Lib is posting general information and resources on its Facebook page.*

Joseph Castellani, Jr., Executive Director

215 North Street

Pittsfield, MA 01201

Phone: (413) 442-7047

Fax: (413) 443-4338

Email: [jcastellani@adlibcil.org](mailto:jcastellani@adlibcil.org) or [adlib@adlibcil.org](mailto:adlib@adlibcil.org)

Website: <https://www.adlibcil.org/> or <https://www.facebook.com/AdLibCIL/>

#### **STAVROS – Amherst**

***Update:** Stavros is currently asking the public not to come into its offices for the health of its staff, and to call or email instead. Calls or emails will be returned within 24 hours. However be aware that calls may be returned from different numbers, so please answer. More contact information is available at <https://www.stavros.org/Contact> us.*

Angelina Ramirez, Executive Director

210 Old Farm Road

Amherst, MA 01002

Phone: (413) 256-0473

Toll-free: 1-800-804-1899

Email: [aramirez@stavros.org](mailto:aramirez@stavros.org) or [info@stavros.org](mailto:info@stavros.org)

Website: [www.stavros.org](http://www.stavros.org) or <https://www.facebook.com/stavros413/>

**Center for Living and Working, Inc. – Worcester**

**Update:** All Center for Living and Working staff are currently working remotely. Please leave a message and the call will be returned. The Facebook page contains general information and resources.

Meg Coffin, Chief Executive Officer

484 Main Street, Suite 345

Worcester, MA 01608

Phone: (508) 798-0350

Video Phone: 508-762-1164

TTY: (508) 755-1003

Toll-free: 1-800-570-4020

Fax: (508) 797-4015

Email: [mcoffin@centerlw.org](mailto:mcoffin@centerlw.org) or [opsearch@centerlw.org](mailto:opsearch@centerlw.org)

Website: <http://www.centerlw.org/> or

<https://www.facebook.com/CenterForLivingAndWorking/>

**Boston Center for Independent Living – Boston**

**Update:** The office is closed due to COVID-19. All staff are working remotely. Please call and leave a message.

Bill Henning, Executive Director

60 Temple Place, 5<sup>th</sup> Floor

Boston, MA 02111

Phone: (617) 338-6665

Toll-Free: 1-866-338-8085

TTY: (617) 338-6662

Fax: (617) 338-6661

Email: [bhenning@bostoncil.org](mailto:bhenning@bostoncil.org)

Website: <https://bostoncil.org/>

**Cape Organization for the Rights of the Disabled – Hyannis**

**Update:** CORD staff are working remotely. Leave a message on the office number and someone will return the call, but from a different number so please answer.

Coreen Brinckerhoff, Chief Executive Officer

106 Bassett Lane

Hyannis, MA 02601

Phone: (508) 775-8300

Toll-free: 1-800-541-0282

Fax: (508) 775-7022

V/TTY (508) 775-8300

Email: [cordinfo@cilcapecod.org](mailto:cordinfo@cilcapecod.org)

Website: <http://www.cilcapecod.org> or <https://www.facebook.com/cordcapecod/>

### **Independence Associates, Inc. – East Bridgewater**

**Update:** *Independence Associates staff are working remotely. Leave a message on the office number and someone will return the call.*

Steve Higgins, Executive Director  
100 Laurel Street, Suite 122  
East Bridgewater, MA 02333  
Phone: (508) 583-2166  
Toll-free: 1-800-649-5568  
Fax: (508) 583-2165  
Email: [shiggins@iacil.org](mailto:shiggins@iacil.org) or [info@iacil.org](mailto:info@iacil.org)  
Website: <https://www.iacil.org/>

### **Disability Resource Center**

**Update:** *Due to the COVID-19 pandemic, the Disability Resource Center office will remain closed until receiving governance approval to re-open. The center will continue to provide support remotely via telephone, email, Zoom, or Skype. Please continue to reach out by phone or email.*

Lisa Orgettas, Executive Director  
27 Congress Street, Suite 107  
Salem, MA 01970  
Phone: V/TTY: (978) 741-0077  
Fax: (978) 741-1133  
Email: [lorgettas@disabilityrc.org](mailto:lorgettas@disabilityrc.org) or [information@disabilityrc.org](mailto:information@disabilityrc.org)  
Website: <https://disabilityrc.org/> or <https://www.facebook.com/DisabilityRCSalem>

### **MetroWest Center for Independent Living – Framingham**

**Update:** *All direct service staff at MetroWest Center for Independent Living are currently working remotely. Please call the main office and someone will answer and direct your call.*

Paul Spooner, Executive Director  
280 Irving Street  
Framingham, MA 01702  
Phone: (508) 875-7853  
Fax: (508) 875-8359  
Email: [pspooner@mwcil.org](mailto:pspooner@mwcil.org) or [info@mwcil.org](mailto:info@mwcil.org)  
Website: <https://www.mwcil.org/> or <https://www.facebook.com/MWCIL/>

### **Northeast Independent Living Center – Lawrence**

**Update:** *All NILP staff are working remotely but still providing services. Please email or call.*

June Sauvageau, Chief Executive Officer

#### **Lawrence Site:**

20 Ballard Road  
Lawrence, MA 01843  
Phone, V/TTY: (978) 687-4288  
Fax: (978) 689-4488

**Lowell Site:**

35 John Street, 2<sup>nd</sup> Floor

Lowell, MA 01852

Phone: V/TTY: (978) 687-4288

Fax: (978) 455-4999

Email: [jsauvageau@nilp.org](mailto:jsauvageau@nilp.org) or [help@nilp.org](mailto:help@nilp.org)

Website: [www.nilp.org](http://www.nilp.org) or

<https://www.facebook.com/NortheastIndependentLivingProgram/>

**Southeast Center for Independent Living – Fall River**

**Update:** All Southeast Center for Independent Living staff are currently working remotely and checking voicemail throughout the day. Please call the office number to access the staff directory and to leave a message.

Lisa Pitta, Executive Director

66 Troy Street, Suite #3

Fall River, MA 02720

Phone: (508) 679-9210

Fax: (508) 677-2377

Email: [lpitta@secil.org](mailto:lpitta@secil.org) or [scil@secil.org](mailto:scil@secil.org)

Website: <http://www.secil.org/> or <https://www.facebook.com/SCILinc/>

## Miscellaneous Resources

### Massachusetts Advocacy and Legal Resources

- **Disability Law Center of Massachusetts:** <https://www.dlc-ma.org/>  
**Update:** DLC staff are working remotely at this time. Please call 617-723-8455 or 800-872-9992 to request assistance, or email [mail@dlc-ma.org](mailto:mail@dlc-ma.org).
- **Mental Health Legal Advisors Committee (MHLAC):** <http://www.mhlac.org/>  
**Update:** MHLAC staff are working remotely. Please visit the Facebook page or regular website for updated information.  
<https://www.facebook.com/www.mhlac.org>

## Other Local Peer Resources

### **Jonathan O. Cole Resource Center**

**Update:** Although the office is currently closed, volunteers are working remotely to provide information and support. They can be reached by email or by leaving a message. Someone will respond within 24 hours, Monday through Friday. The center's support groups have gone online. More information is available on the website.

deMarneffe Building, Room 120A  
115 Mill Street  
Belmont, MA 02478  
Phone: (617) 855-3298  
Fax: (617) 855-3666  
Email: [info@coleresourcecenter.org](mailto:info@coleresourcecenter.org)  
Website: <https://www.coleresourcecenter.org/>

### **National Depression and Bipolar Support Alliance (DBSA)**

**Update:** For online support please go to: <https://www.dbsalliance.org/support/chapters-and-support-groups/online-support-groups/>

55 E. Jackson Blvd, Suite 490  
Chicago, Illinois 60604  
Toll-free Phone: 1-800-826-3632  
Fax: (312) 642-7243  
Email: [info@dbsalliance.org](mailto:info@dbsalliance.org)  
Website: <http://www.dbsalliance.org>

### **Depression and Bipolar Support Alliance of Boston (DBSA-Boston)**

**Update:** Please refer to the DBSA Boston website for its expanding range of online support options.

Contact: Barry Park  
P.O. Box 102  
115 Mill Street  
Belmont, Mass 02478  
Phone: (617) 855-2795  
Fax: (617) 855-3666  
Email: [info@dbsaboston.org](mailto:info@dbsaboston.org)  
Website: <http://www.dbsaboston.org/> or <https://www.facebook.com/DBSABoston/>

### **NAMI Greater Boston Peer Support and Advocacy Network (NAMI GB PSAN)**

**Update:** NAMI GB PSAN is currently holding a private Tuesday zoom support meeting for staff but is closed to new members at this time. There is also a Zoom meeting that features a speaker series on the third Thursday of the month from 6:30 -7:30 p.m., co-sponsored by the Metro Boston Recovery Learning Community: <http://metroostonrlc.org/zoom-speaker-schedule/>

NAMI GB PSAN provides a weekly volunteer staff meeting open to all peers and a monthly business meeting with speakers and food. NAMI mentors people to work in human services, does advocacy work, and implements NAMI peer run programs: NAMI Connection support groups, In Our Own Voice speakers, and Peer-to-Peer educational classes.

Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS

Erich Lindemann Building, Plaza Level

25 Staniford Street

Boston, MA 02114

Phone: (781) 642-0368

Email: [info@namiboston.org](mailto:info@namiboston.org)

Website: <https://namiboston.org/people-living-mental-illness/>

### **Hearing Voices Network USA**

**Update:** Online groups are available. For questions and details on how to access the groups, please email.

Hearing Voices Peer Services is an organization that connects those who are living with seeing visions, hearing voices, and other unusual experiences. They help provide resources nationally and have support groups in local neighborhoods.

Email: [info@hearingvoicesusa.org](mailto:info@hearingvoicesusa.org)

Website: <http://www.hearingvoicesusa.org/>

### **Massachusetts United for Connection and Healing (MUCH)**

**Update:** MUCH is currently hosting a Statewide Bridging Connection Call and a CPS Connection Call on the first Wednesday of every month. It is also offering 1:1 support for Certified Peer Specialists statewide during the COVID-19 pandemic. For more information on all MUCH activities, contact Mike MacInnis at [mmacinnis@kivacenters.org](mailto:mmacinnis@kivacenters.org).

A project of The Transformation Center, MUCH is a network for the peer support workforce and community to strengthen skills, increase information sharing, and build healing connections across Massachusetts. MUCH is building a coalition across the state to facilitate and develop infrastructure for certified peer specialists (CPSs), in-person networking events, webinars, and opportunities to learn and connect as a workforce.

Contact: Khalil Power, Project Coordinator

Email: [info@muchnetwork.org](mailto:info@muchnetwork.org)

Website: [www.MUCHnetwork.org](http://www.MUCHnetwork.org)

### **Opening Doors to the Arts (ODA)**

***Update:** Opening Doors to the Arts is posting information about virtual, online events through its email list. Please contact Howard Trachtman at [howard@openingdoorstothearts.org](mailto:howard@openingdoorstothearts.org) for further information.*

Opening Doors to the Arts obtains free and reduced price tickets and access to concerts, theater, and the occasional sporting events through the connection it maintains with over 20 venues. Typically, several different events are available every week. Tickets are available for persons who identify as having mental health conditions.

Contact: Howard D. Trachtman, BS, CPS, CPRP, COAPS

Phone: (781) 642-0368

Email: [howard@openingdoorstothearts.org](mailto:howard@openingdoorstothearts.org)

Website: <http://www.openingdoorstothearts.org>

### **Two Hats Networking Dinners (Twohats)**

***Update:** The Two Hats Networking Dinners are currently discontinued due to the pandemic.*

This dinner was established as a support network for people with mental health challenges who were working in human services and were afraid of coming out to their employer. Today, many people considering working or volunteering in peer support come as well. All peers are welcome to attend.

Contact: Howard D. Trachtman, BS, CPS, CPRP

Phone: (781) 642-0368

Email: [hdt@mit.edu](mailto:hdt@mit.edu)

Website: [www.twohats.org](http://www.twohats.org)

## **Other National Peer Resources**

### **Crisis Text Line**

The Crisis Text Line is a free texting service run by [DoSomething.org](http://DoSomething.org), to help those experiencing a crisis. The line is available 24 hours a day, seven days a week. If you text **HOME** to 741741, a trained volunteer counselor will receive the message and assist immediately.

Phone: Text **HOME** to 741741

Website: <https://www.crisistextline.org/>

## **Peer-run National Technical Assistance Centers**

- **The National Empowerment Center:** <http://www.power2u.org/>
- **STAR Center** (Support, Technical Assistance and Resources):  
<http://www.peerstar.org/>
- **Peerlink Technical Assistance Center**, a project of MHA of Oregon:  
<http://www.peerlinktac.org/>
- **Consumer Supporter Technical Assistance Center** - The Family Café:  
<http://cafetacenter.net/>

- **Doors to Wellbeing National Technical Assistance Center**, established by The Copeland Center for Wellness and Recovery: <http://www.doorstowellbeing.org/>
- **The National Mental Health Consumers' Self-Help Clearinghouse:**  
<http://www.mhselfhelp.org/>  
(\*Still in operation although no longer funded by SAMHSA. Since June 2018, it has been affiliated with the Temple University Collaborative on Community Inclusion.)